The Role of Ekman Ocean Heat Transport in the Northern Hemisphere Response to ENSO

Michael A. Alexander
NOAA/Earth System Research Laboratory, Boulder, Colorado, USA

James D. Scott
CIRES, University of Colorado, and NOAA/Earth System Research Laboratory, Boulder, Colorado.

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Corresponding Author
Michael Alexander
NOAA/Earth System Research Laboratory
Physical Science Division
R/PSD1
325 Broadway
Boulder, Colorado 80305
Michael.Alexander@noaa.gov
Abstract

The role of oceanic Ekman heat transport ($Q_{ek}$) on air-sea variability associated with ENSO teleconnections is examined via a pair of atmospheric general circulation model (AGCM) experiments. In the “MLM” experiment, observed sea surface temperatures (SSTs) for the years 1950-1999 are specified over the tropical Pacific, while a mixed layer model is coupled to the AGCM elsewhere over the global oceans. The same experimental design was used in the “EKM” experiment with the addition of $Q_{ek}$ in the mixed layer ocean temperature equation. The ENSO signal was evaluated using differences between composites of El Niño and La Niña events averaged over the 16 ensemble members in each experiment.

In both experiments the Aleutian Low deepened and the resulting surface heat fluxes cooled the central North Pacific and warmed the northeast Pacific during boreal winter in El Niño relative to La Niña events. Including $Q_{ek}$ increased the magnitude of the ENSO-related SST anomalies by ~1/3 in the central and northeast North Pacific, bringing them close to the observed ENSO signal. Differences between the ENSO-induced atmospheric circulation anomalies in the EKM and MLM experiments were not significant over the North Pacific. The ENSO response over the Atlantic in both experiments resembled observations: the negative phase of the North Atlantic Oscillation (NAO) and the SST tripole pattern, which includes low pressure and negative SST anomalies off the east coast of the United States. Including Ekman transport further enhanced the Atlantic SST anomalies, and unlike the Pacific, appeared to enhance the overlying atmospheric circulation.
1. Introduction

Even though the wind-driven Ekman transport is confined to a thin surface layer in the ocean, it plays a critical role in the global heat balance. Ekman transport is responsible for a large fraction of the ocean heat transport within ~25° of the equator (Kraus and Levitus 1986; Levitus 1987). It is especially effective in the tropics due to the strong trade winds, low value of the Coriolis parameter and the large difference between the surface temperature and the temperature of the return flow at depth (when one considers the ocean column as a whole). The transport exhibits significant interannual and decadal variability (Adamec et al. 1993, Dong and Sutton 2001; Sato et al. 2002) where the former is tied to fluctuations in large-scale climate variability including the North Atlantic Oscillation (NAO) and El Niño/Southern Oscillation (ENSO).

In contrast to the column integrated heat budget, the greatest impact of Ekman transport ($Q_{ek}$) on sea surface temperature (SST) anomalies occurs in midlatitudes, where strong and variable winds coupled with large temperature gradients can generate large SST anomalies (e.g. Frankignoul and Reynolds 1983; Frankignoul 1985). In contrast to geostrophic currents, the surface currents respond nearly instantaneously to the winds, and thus Ekman heat transport can influence SSTs on sub-monthly time scales. Early studies of the extratropical ocean heat budget found that $Q_{ek}$, and specifically the anomalous meridional advection across the mean temperature gradient, was the dominant term in the formation of seasonal midlatitude SST anomalies (Namias 1959, 1965, 1972; Jacob 1967; Adem 1970, 1975; Clark 1972). These initial studies may have overestimated the impact of $Q_{ek}$ on SSTs as they used the value for the Ekman current at the surface, which is substantially larger than the transport averaged over the well-mixed surface layer (Frankignoul 1985). More recent analyses suggest that while anomalous
Ekman heat transport is important for interannual extratropical SST variability, its contribution is generally smaller than the forcing associated with the net surface heat fluxes ($Q_{net}$; Frankignoul and Reynolds 1983; Haney 1985; Luksch and von Storch 1992; Sterl and Hazeleger 2003). In midlatitudes, $Q_{net}$ and $Q_{ek}$ often work in tandem to create SST anomalies; e.g. stronger westerly winds both enhance the upward latent and sensible heat flux and the equatorward advection of cold water by anomalous Ekman currents, cooling the underlying ocean. While the large-scale patterns of SST variability are generally set by the surface fluxes, Ekman heat transport is necessary to obtain the detailed structure and correct magnitude of these patterns (Luksch et al. 1996; Seager et al. 2000; Haarsma et al. 2005).

Under some circumstances Ekman transport may play a pivotal role in the evolution of SST anomalies. Ocean general circulation models (OGCMs) driven by observed surface observations indicate that the transition from warm to cold conditions in the central North Pacific during the winter of 1976-77 was driven in part by Ekman transport (Haney 1980; Miller et al. 1994). Seager et al. (2001) found that the cooling due to $Q_{ek}$ was so strong that even though the wind speed increased, the SST decreased more than the air temperature and thus $Q_{net}$ heated the underlying ocean damping the negative SST anomaly. In addition, the associated wind stress curl changes that began in 1976 over the central Pacific created westward propagating baroclinic Rossby waves that subsequently reduced SSTs in the western Pacific Ocean about 5 years later (e.g. Deser et al. 1999; Schneider and Miller 2001; Seager et al. 2001). Following the Rossby wave adjustment, Ekman transport enhanced this cooling to the east of Japan, reinforcing the decadal ocean signal (Seager et al. 2001; Kwon and Deser 2007).
Global atmospheric teleconnection patterns associated with SST anomalies in the tropical Pacific influence air-sea heat fluxes and Ekman transport, thus the atmosphere acts like a “bridge” between the equatorial Pacific and much of the world’s oceans over the course of ENSO events (as reviewed by Alexander et al. 2002). During El Niño winters, enhanced cyclonic circulation around the deepened Aleutian low results in anomalous northwesterly winds that advect relatively cold dry air over the western North Pacific, anomalous southerly winds that advect warm moist air along the west coast of North America and enhanced surface westerlies over the central North Pacific (Fig. 1). The associated $Q_{net}$ and $Q_{ek}$ anomalies cool the ocean between 30ºN-50ºN west of ~150ºW and warm the ocean in the eastern ~1/3 of the North Pacific (Park et al. 2006; Liu and Alexander 2007). ENSO teleconnections also extend to the North Atlantic where the circulation around the anomalous low in the midlatitudes reduces the trade winds, warming the tropics and enhancing the westerlies, which cools the ocean along the east coast of the United States (e.g. Curtis and Hastenrath 1995; Enfield and Mayer 1997; Lau and Nath 2001).

Alexander (1990) used output from an atmospheric GCM, with and without ENSO-related SSTs specified as boundary conditions in the tropical Pacific, to drive a variable-depth ocean mixed layer model (MLM), which simulated air-sea exchanges and vertical processes over the North Pacific, while Alexander (1992a) examined the coupled response of these models to ENSO. Both studies established that changes in the near surface circulation associated with El Niño induced a realistic North Pacific SST pattern, although the amplitude was smaller than observed. Using model experiments with a similar design, Lau and Nath (1994, 1996, 2001) found that these bridge-induced SST
anomalies could be fairly well simulated by a 50 m slab model driven by surface heat fluxes. However, these studies did not include Ekman heat transport. Using a similar atmosphere-ocean model configuration, Alexander et al. (2002) computed the ENSO-driven $Q_{ek}$ as a diagnostic, i.e. it did not influence SST in the MLM. The diagnosed $Q_{ek}$ values were generally in phase with $Q_{net}$ but approximately $1/3$-$1/2$ as large over the North Pacific Ocean in boreal winter.

Studies using AGCM-mixed layer ocean models have reached different conclusions on the impact of the bridge-related North Pacific and North Atlantic SST anomalies on the atmosphere (Alexander 1992b; Bladé 1999; Lau and Nath 1996, 2001). More recent model experiments suggest that atmosphere-ocean coupling outside of the tropical Pacific modifies the extratropical atmospheric circulation anomalies but these changes are of modest amplitude and depend on the seasonal cycle and air-sea interactions both within and beyond the Northern Hemisphere Oceans (Alexander et al., 2002).

In the Atlantic, Peng et al. (2005) found that imposed tropical SST anomalies induced an extratropical response in late winter in an AGCM coupled to a slab ocean model. The response, consisting of the NAO and the North Atlantic “SST tripole”, developed one to two months later in the model than in observations. In a follow-on experiment, Peng et al. (2006) included Ekman heat transport in the ocean model. Mutual reinforcement between the anomalous $Q_{ek}$ and $Q_{net}$ induced extratropical SST anomalies in early winter that were twice as strong as when no Ekman transport was included. In turn, the larger extratropical SST anomalies led to the development of an NAO response by NDJ. By FMA, the sign of the $Q_{net}$ reversed in the Gulf Stream region so that it opposed the anomalous $Q_{ek}$ and the magnitude of the SST and atmospheric circulation anomalies were similar in the
simulations with and without Ekman forcing. Thus, the response developed more rapidly and was more consistent with the observed evolution of the dominant patterns of atmosphere-ocean variability when $Q_{ek}$ was included in the ocean model.

To what extent does Ekman heat transport impact the ENSO-driven SST anomalies in both the North Pacific and North Atlantic as part of the coupled atmosphere-ocean system? Does $Q_{ek}$ alter the role of surface fluxes in the temperature tendency as suggested by the studies Seager et al. (2001) and Peng et al. (2006)? Do the Ekman-induced SST differences feedback on the atmospheric circulation? We address these questions using specified tropical SSTs/AGCM/MLM configuration in which Ekman heat transport anomalies are added to the SST equation in the MLM model. The experiment design is described in section 2. The results, including the impact of ENSO on SST and mixed layer depth (MLD) anomalies, the role of $Q_{net}$ and $Q_{ek}$ in the evolution of these anomalies, and on the atmospheric circulation is presented in section 3. The findings are summarized and discussed in section 4.

2. Experiment design

We have conducted two sets of model experiments to examine how ENSO-related Ekman heat transport anomalies influence the upper ocean, air-sea interaction and the atmospheric circulation. In both experiments, SSTs in the eastern tropical Pacific Ocean (15°S-15°N, 172°E-South American Coast; see Fig. 2) are prescribed to evolve as observed over the period 1950-1999. In the mixed layer model ("MLM") experiment, a grid of column ocean models is coupled to the atmosphere at each AGCM gridpoint over the ice-free ocean outside of the tropical Pacific region. Sea ice is prescribed to repeat the
climatological seasonal cycle and the ocean model is not active beneath the ice. The model includes local atmosphere-ocean fluxes, penetrating solar radiation and the turbulent entrainment of water into the mixed layer from below, but not mean vertical motions or horizontal processes. Due to the absence of ocean currents and errors in the atmosphere and ocean model, surface heat and salt flux corrections are applied to maintain realistic seasonal cycles of SSTs (long-term monthly means within ~1°C of observations) and the surface salinity. While Ekman pumping is critical for the ocean circulation, its direct effect on interannual mixed layer temperature, salinity and depth anomalies is generally small compared to turbulent entrainment (White et al. 1980, Frankignoul 1985, Alexander 1992a) and thus is not included here. The temperature and salinity in all model layers are damped toward their monthly mean climatological values on a 10-year timescale to crudely represent vertically varying processes such as the mean heat transport in order to retain a stable density profile in regions of strong current shear.

The Ekman transport/mixed layer model (“\textbf{EKM}”) experiment is identical to the MLM experiment except that $Q_{ek}$ anomalies are added to the mixed layer temperature equation at most ocean model grid points. $Q_{ek}$ is not added to the ocean model at gridpoints immediately adjacent to the coast and from 6°S - 6°N to avoid singularities and to focus on the direct impact of $Q_{ek}$ on SST rather than on Ekman-driven upwelling along the coast or the equator. The heat flux due to Ekman advection (Wm\(^{-2}\)) was computed using

$$Q_{ek} = \frac{C}{f} \left[ -\tau_y \frac{\partial SST}{\partial x} + \tau_x \frac{\partial SST}{\partial y} \right],$$

(1)
where $C$ is the specific heat capacity of seawater, $f$ the Coriolis parameter, $\tau_x$ and $\tau_y$ are the zonal and meridional wind stress, and $\partial\text{SST}/\partial x$ and $\partial\text{SST}/\partial y$ are the zonal and meridional sea surface temperature gradients. $Q_{ek}$ anomalies were added to the ocean model rather than the total Ekman transport so that the same flux correction could be used in the two experiments while maintaining a similar mean SST state. (The difference between long-term mean SST in the MLM and EKM experiments are $< 0.2^\circ\text{C}$ at nearly all model grid points). Daily $Q_{ek}$ values used in the EKM SST equation were obtained by subtracting the smoothed daily long-term mean in the MLM experiment from the total Ekman transport in the EKM simulations. While the observed vertical structure of wind-induced currents is more complex than Ekman’s original theory, the vertically integrated Ekman heat transport appears to be a more robust quantity (e.g. Weller and Plueddeman 1996). Here we assume that the Ekman heat transport is distributed over the MLD (e.g. see Frankignoul 1985) and its impact on the mixed layer temperature (or equivalently the SST) tendency is given by $Q_{ek}/(\rho C_{\text{MLD}})$, where $\rho$, the density of seawater, is assumed to have a constant value of $1024.5 \text{ kgm}^{-3}$.

The model integrations have been performed with the GFDL R30 AGCM (Gordon and Stern 1982; Broccoli and Manabe 1992), which has an equivalent horizontal resolution of $\sim 2.25^\circ$ latitude by $3.75^\circ$ longitude and 14 vertical sigma levels. The MLM consists of a grid of independent column models that include a bulk mixed layer atop a multi-layer system. The bulk model, based on the formulation of Gaspar (1988), simulates the mixed layer temperature (equivalent to SST), salinity and depth. Beneath the mixed layer, heat is redistributed via convective overturning, vertical diffusion, and penetrating solar radiation. The bottom of each column is 1000 m or the actual depth of
the ocean, which ever is shallower. For open-ocean points there are 31 levels from the surface to 1000 m with 15 layers in the upper 100 m. All layers completely within the mixed layer are set to the bulk model values. The ocean model and the method used to couple it to the R30 AGCM are described in more detail in Alexander et al. (2000).

Both experiments consist of an ensemble of sixteen 50-year simulations, where each member within an experiment is initiated from a different atmospheric state obtained from a long AGCM simulation. The results are presented for difference between the ensemble average of the MLM and EKM simulations, and the spread among the members is used to assess statistical significance based on the t-test. The findings are presented using composite analyses (e.g. Rasmusson and Carpenter 1982, Harrison and Larkin 1998), which are constructed based on 9 El Niño (warm) events beginning in: 1957, 1965, 1969, 1972, 1976, 1982, 1987, 1991 and 1997 and 9 La Niña (cold) events: 1950, 1954, 1955, 1964, 1970, 1973, 1975, 1988 and 1998. The first 8 El Niño and La Niña events were identified by Trenberth (1997), to which we added the 1997 El Niño and 1998 La Niña events. The year in which ENSO peaks and the following year are designated by (0) and (1), respectively.

We originally planned to use the MLM simulations described in Alexander et al. (2002), which were performed on the GFDL computer system. However, the model’s climate was altered when the AGCM was integrated on Earth System Research Laboratory (ESRL) computers, where we performed the EKM simulations. Even after extensive diagnostic tests the cause of this divergence in climates was unclear, although it was likely due to differences in the compilers. Thus, the MLM simulations used here were performed on ESRL computers, so that differences between the EKM and MLM
experiments isolated the impact of Ekman heat transport. The mean differences between the GFDL and ESRL MLM simulations were strongest in high latitudes in the stratosphere, where the latter had a cold bias. The difference between the two system for ENSO composites reached a maximum of ~20 m at 500 mb, approximately 20% of the overall response to tropical SST anomalies. The Aleutian low was deeper in the ESRL simulations in better agreement with observations.

3. Results

a. SST and MLD

We primarily focus on the atmospheric bridge to the Northern Hemisphere Oceans during boreal winter when the impact of Ekman transport in the model is the most robust. Composite El Niño – La Niña differences, also referred to as anomalies, are indicted by a ′, while the ENSO anomalies in the EKM minus MLM experiments are denoted by a Δ. The SST′ (°C) composite during January-February-March (JFM) in the year after ENSO peaks (Yr 1) for observations and the EKM and MLM experiments are shown in Fig. 3. The observed SSTs, derived from the Smith et al. (1996), were interpolated onto the R30 model grid. The observed signature of the atmospheric bridge includes negative SST′ in the central North Pacific and positive SST′ along the coast of North America, both of which exceed 1°C in magnitude. In the Atlantic, negative anomalies on the order of 0.5-1.0 °C occur in the Gulf of Mexico and along the east coast of the United States, while positive anomalies of this magnitude are located in the tropics north of the equator.
Warming also occurs across the Indian Ocean. Many of these anomalies are well simulated in both the EKM and MLM, although the model values are less than observed along the west coast of the United States, over portions of the Atlantic, and in the equatorial Indian Ocean.

Including Ekman heat transport (diagnosed from the difference between the EKM and MLM experiments) alters the amplitude of several bridge-generated SST signals (Fig. 3d), which generally improves the simulation of SST anomalies over the Northern Hemisphere oceans. The largest change occurs in the central North Pacific, where including $Q_{ek}$ results in $\Delta$SST of $\sim-0.4°C$, leading to SST' $< -1.0°C$ in the EKM experiment (Fig. 3b), similar to the observed signal (Fig. 3a). Including $Q_{ek}$ further warms the ocean around 45°N in the eastern North Pacific and near 10°N, 150°E. In the Atlantic, the $\Delta$SST field resembles the SST tripole pattern (e.g. Cayan 1992; Venzke et al. 1999; Sutton et al. 2001) with negative values east of Florida flanked by positive values near 15°N and 55°N. The magnitude of these changes reach 0.2°-0.3°C for JFM and amplify the warm ENSO-related SST anomalies in the tropical Atlantic, increase the amplitude and eastward extent of the cold SST' along the east coast of the United States, and create small positive anomalies in the subarctic Atlantic where the overall bridge signal is weak. The $\Delta$SST is positive (negative) in the northern (southern) Indian Ocean but of modest amplitude ($\sim 0.1°C$).

The mixed layer depth anomalies (m) during JFM(1) from observations (White 1995), the EKM and MLM experiments and $\Delta$MLD are shown in Fig. 4. The observed MLD, obtained from the Joint Environmental Data Analysis Center (JEDAC 2008), is defined as the depth at which the temperature is 1.0°C cooler than at the surface based on
bathythermograph (BT) temperature measurements for the years 1956-1999. The MLD is not estimated at high latitudes where the MLD is primarily controlled by salinity. The MLD in the MLM is computed explicitly from the turbulent kinetic energy equation and is available from all model grid points. Both the EKM and MLM simulations reproduce the general pattern of the observed ENSO-related anomalies with positive values in the central North Pacific ringed by negative values. The maximum MLD, on the order of 50 m in both experiments, is just slightly less than observed. The model underestimates the MLD shoaling in the northeast Pacific although the “observed” anomalies are likely an overestimate since salinity and vertical movements of the halocline, not measured by BTs, play an integral role in regulating MLD in the Gulf of Alaska (Whitney and Freeland 1999; Capotondi et al. 2005). Including $Q_{ek}$ increases the MLD by ~10 m near 30°N, 170°W (significant at the 99% level; Fig. 4d), which enhances the southern portion of the bridge-related signal in the central Pacific.

In the North Atlantic, the mixed layer is observed to be shallower during El Niño than La Niña events (MLD< 0) in southeast portion of the domain and deeper in midlatitudes, with the separation between the two extending diagonally across the basin from Florida to Spain. This structure is better represented in the EKM than in the MLM simulations, due to the positive ΔMLD located at ~35°N, 70°W, but the MLD anomalies are still much smaller than in observations. The MLD' shoals in the northern North Atlantic in both experiments, but the anomalies have significantly greater amplitude in the EKM experiment. The model and observations also differ in the northeast portion of the basin but it is unclear whether this is due to model error, variability in this region not associated with ENSO, or the difficulty in estimating MLD from BTs. Consistent with previous
studies (e.g. Deser et al. 1996), there is a strong inverse relationship between \( \Delta \text{SST} \) (Fig. 3d) and \( \Delta \text{MLD} \) (Fig. 4d) in midlatitudes of the Pacific and Atlantic, since cold dense water enables the mixed layer to penetrate deeper into the ocean.

**b. SST forcing and feedback: \( Q_{ek} \) and \( Q_{net} \) anomalies**

When Ekman heat transport is introduced into the coupled model it affects the local SST and MLD, but its full impact depends on the subsequent air-sea interactions (as shown schematically in Fig. 5). In the extreme case of no feedback, \( Q_{ek} \) in the EKM experiment would be identical to the value diagnosed (but not applied) in the MLM experiment and there would be no change in \( Q_{net} \) between the two. The response could also consist of a basic thermodynamic feedback, where the \( Q_{ek} \) forcing creates an SST anomaly that is damped by the net heat flux without significantly altering the atmospheric circulation. The damping is analogous to its counterpart in the stochastic model for SST anomalies (e.g. Frankignoul and Hassleman 1977): after high frequency atmospheric forcing creates SST anomalies the “slow” response relaxes the SSTs towards climatology, since positive (negative) SST anomalies lose more (less) heat to the atmosphere. Finally, the air-sea interaction can be dynamic, where the atmospheric circulation changes in response to either local or remote SST anomalies altering \( Q_{ek} \) and/or \( Q_{net} \), which in turn can feed back on the ocean below. We explore the nature of the forcing and feedback by comparing \( Q_{ek} \) and \( Q_{net} \) in the EKM and MLM simulations.

\( Q_{ek}' \) in flux form (Wm\(^{-2}\)) during JFM (1) is shown for the EKM experiment in Fig. 6a. In response to the stronger surface westerlies over the central and western north Pacific, the anomalous southward Ekman transport cools the underlying ocean. The cooling is
greatest \( \dot{Q}_{ek} < -20 \text{ Wm}^{-2} \) in the vicinity of 35°N, 165°W, where the westerlies are strongest, with a secondary maximum along ~40°N from 150°E-170°W where modest westerly winds overlay a strong mean meridional SST gradient (Fig. 1). Along the west coast of North America, southeasterly winds warm the underlying ocean with a maximum \( \dot{Q}_{ek} \) of ~10 Wm\(^{-2}\) from 40°N-50°N. The ENSO induced \( \dot{Q}_{ek} \) anomalies in the Atlantic indicate warming (cooling) at most locations north (south) of ~45°N, although the magnitude of the anomalies are generally smaller in both amplitude and extent than in the Pacific.

As in previous analyses of the components of the Ekman heat transport (refs?), \( \dot{Q}_{ek} \) is primarily associated with anomalous meridional temperature advection, given by
\[
c / f \left( \tau_x' \partial \text{SST} / \partial y \right) \tag{not shown}
\]
With the formation of cold water in the central Pacific by stronger than normal westerlies \( (\tau_x' > 0, \partial \text{SST} / \partial y < 0) \), there is a compensating warming by \( c / f \left( \tau_x \partial \text{SST}' / \partial y \right) \), as the mean westerlies drive southward Ekman flow across the anomalous negative SST gradient between 35°N-50°N. The magnitude of the latter term is \(~1/3\) of \( c / f \left( \tau_x \partial \text{SST} / \partial y \right) \). To the south of the SST anomaly, northward advection driven by the mean trade winds also weakly warms the ocean between 20°N-25°N, 180°-140°W. The other components of \( \dot{Q}_{ek} \) have a negligible impact on SST'.

\( \dot{Q}_{ek} \) diagnosed “offline” from the winds and SST gradient in the MLM experiment are shown in Fig. 6b. The pattern and values of \( \dot{Q}_{ek} \) in the MLM are very similar to those in the EKM experiment over the Pacific. Allowing \( \dot{Q}_{ek} \) to impact the coupled system (determined by comparing Fig. 6a and 6b) slightly reduces the positive \( \dot{Q}_{ek} \) values in the
northeast Pacific. The difference between $Q'_{ek}$ in the two experiments, however, is < 5 Wm$^{-2}$ at nearly all Pacific grid points (not shown), indicating that air-sea feedback has a modest impact on the surface winds and thus $Q'_{ek}$ over the basin. While the Atlantic $Q'_{ek}$ pattern is similar in the MLM and EKM experiments, the amplitude is greater in the EKM, particularly north of ~40°N where $|Q'_{ek}|$ is approximately 2-3 times larger. Thus, allowing Ekman heat transport to impact the coupled system has a positive feedback on $Q'_{ek}$ in the Atlantic.

Consistent with previous studies, $Q'_{net}$ (Wm$^{-2}$) in the EKM experiment during JFM(1) indicates strong cooling ($Q'_{net}$ < 0) of the central North Pacific Ocean and warming in the northeast Pacific (Fig. 7a). $|Q'_{net}| > 30$ Wm$^{-2}$ in the Gulf of Mexico, along the south and east coast of the United States, and northeast of Newfoundland, on par with the ENSO-driven heat fluxes in the North Pacific. Comparing Figs. 6a and 7a indicates that $Q_{ek}$ is of relatively large amplitude and coincident with $Q'_{net}$ over the central and northeast Pacific and the subarctic Atlantic enhancing the SST forcing during late winter in these regions. The two fluxes are of opposite sign south of Japan (20°N-30°N, 120°E-140°E), in a small region east of the mid Atlantic states (70°W, 35°N) and in the subtropical Atlantic (20°N-30°N, 30°W-60°W)

Including Ekman transport indirectly affects the surface heat flux as indicated by the difference between the ENSO-related net flux anomalies in the two experiments ($\Delta Q_{net}$, Fig. 7b). $\Delta Q_{net}$ is quite small over the Pacific, with positive values on the order of 10 Wm$^{-2}$ centered on 30°N, 160°W, indicative of reduced cooling of the central North Pacific Ocean in the EKM relative to the MLM experiment. Since the EKM-MLM
surface circulation changes are negligible over the North Pacific (|ΔSLP|<0.6 mb at nearly all grid points, not shown), these positive Δ$Q_{net}$ values represent thermodynamic damping of the negative SST anomalies (Fig. 5, bottom left panel). The air-sea interaction is quite different in the Atlantic, where Δ$Q_{net}$ and $Q'_{net}$ have the same sign over most of the basin indicating a dynamic feedback that acts to amplify the ENSO heat flux signal. This feedback is relatively large, i.e. Δ$Q_{net}$ is on the order of 25% to 50% of $Q'_{net}$, but is statistically significant only in small regions to the northeast and southwest of Newfoundland and off the west African coast.

The relationship between $Q_{net}$, $Q_{ek}$ and SST over the ENSO cycle in the EKM and MLM experiments is explored further in Fig. 8 for the central North Pacific (27°N-37°N, 155°W-175°W), western Atlantic (25°N-32°N, 60°W-78°W) and Subarctic Atlantic (50°N-55°N, 30°W-50°W) regions (boxes in Fig. 3d). For each region, the upper panels show $Q'_{ek}$ and $Q'_{net}$ in both experiments, while the bottom panels show ΔSST and the difference in the flux-induced SST tendency, denoted by Δ($Q$/MLD). The latter is given by ([$Q_{ek}$+$Q_{net}$+$Q_{cor}$]/MLD)' in the EKM minus ([$Q_{net}$+$Q_{cor}$]/MLD)' in the MLM experiment, since Δ in the other mixed layer heat budget terms, including the entrainment heat flux, are negligible. The surface heat flux correction, $Q_{cor}$, is the same in the two experiments but can impact the SST' via differences in MLD between experiments.

In the central Pacific (Fig. 8a), $Q'_{ek}$ is nearly identical in the EKM and as diagnosed from the MLM simulations over the course of the ENSO cycle. $Q'_{net}$ is also similar in the two experiments, but it is slightly more negative from Aug-Nov and positive from Jan-Jul in the EKM. This difference in $Q'_{net}$ coincides with slightly warmer ΔSSTs during summer
and colder ΔSSTs in the following winter/spring, suggesting weak thermodynamic damping of the ΔSST by the surface fluxes over the full ENSO cycle. In the central Pacific, \( \Delta(Q/MLD) \) primarily results from the inclusion of \( Q_{\text{ek}} \) and begins to generate negative ΔSST by Nov(0). The general relationship between \( Q_{\text{ek}}, Q_{\text{net}}, \) and SST in the northeast Pacific is similar to the central Pacific: in that \( Q_{\text{ek}} \) enhances the ENSO driven SST anomalies that are weakly damped by \( \Delta Q_{\text{net}} \) (not shown).

In the western Atlantic region, \( Q_{\text{ek}} \) anomalies slightly cool the ocean from Aug(0) – Feb(1) in the EKM experiment, similar to the values computed off-line in the MLM (Fig. 8b). In both experiments, \( Q'_{\text{net}} \) warms the ocean in the fall and cools it in winter but the heat fluxes are roughly 5 Wm\(^{-2}\) lower in the EKM from Nov(0)-Mar(1). So, while air-sea coupling does not greatly alter \( Q_{\text{ek}} \) in the western Atlantic, there is positive feedback between the surface heat flux and SST in fall and winter, as both \( \Delta Q_{\text{net}} \) and ΔSST are negative. The combined cooling of \( \Delta Q_{\text{net}} \) and \( Q'_{\text{ek}} \) (\( \Delta[Q/MLD] < 0 \)) result in negative ΔSSTs after October(0) that decrease to \(~-0.2^\circ\text{C}\) by Feb(1). The deeper mixed layer in the west Atlantic region in the EKM experiment (Fig. 4), slightly increases the thermal inertia, which should slow the growth of the negative ΔSST. The largest difference between experiments occurs in the subarctic Atlantic (Fig. 8c), where \( Q'_{\text{ek}} (Q'_{\text{net}}) \) is slightly (substantially) larger in EKM than in MLM from Jan(1)-Mar(1) (Nov[0]-Mar[1]), resulting in positive \( \Delta Q/MLD \) in winter and ΔSST of \(~0.25^\circ\text{C}\) that persist through spring. These findings suggest that changes in the ENSO-driven atmospheric circulation over the North Atlantic induce positive air-sea interaction when Ekman heat transport is included in the coupled system.
c) Atmospheric response

The wintertime atmospheric response to ENSO, indicated by the composite El Nino – La Nina 500 mb geopotential height (z500'), for observations (from the NCEP/NCAR reanalysis; Kalnay et al. 1996; Kistler et al. 2001) and the EKM and MLM experiments are shown in Fig. 9. The EKM and MLM model simulations reproduce the observed ENSO signal remarkably well both in terms of the pattern and amplitude of the anomalies (the pattern correlation between both experiments and observations is ~0.8). The two are nearly identical over the Pacific, but the difference between them (Δz500, Fig. 9d), displays a trough over the eastern US-Western Atlantic and the ridge over Canada and the subtropical east Atlantic/northwest Africa (all significant at the 95% level). The inclusion of $Q_{ek}$ augments ENSO teleconnections over North America, the North Atlantic and western North Africa by approximately 20% to 40%, as well as improving the correspondence between the model and nature. Indeed, the pattern correlations between z500' in observations with the ensemble mean in the EKM and MLM over the North America-Atlantic Sector (20°N-90°N, 120°W-0°) are 0.75 and 0.66 respectively, which are significantly different from each other at the 95% level as indicated by a t-test using the spread in the pattern correlations across the 16 ensemble members. The circulation anomalies have an equivalent barotropic structure where the height anomalies at 200 mb (not shown) are stronger and in the same location as the anomalies at 500 mb.

The atmospheric circulation anomalies during ENSO are explored further in Fig. 10a, which displays the anomalous zonal winds (ms⁻¹) at 200 m (U200') in the EKM experiment. U200' has a zonally symmetric structure with positive (negative) anomalies between 20°N-30°N (> 45°N) over most of the globe. The inclusion of $Q_{ek}$ enhances
U200 anomalies over most of the Northern Hemisphere, i.e. ΔU200 (Fig. 10b) and U200’ have the same sign and pattern. The Ekman induced changes are on the order of 1-2 ms⁻¹ over eastern Asia/West Pacific and North America/western Atlantic, significant at 99% and 95% levels, respectively. The former may be in response to the positive ΔSST in the tropical northwest Pacific Ocean and/or the positive (negative) ΔSST to the north (south) of the equator in the Indian Ocean (see Fig. 3). Like the ΔSST, the Δprecipitation has a complex structure over the tropical west Pacific and Indian Oceans (not shown), and thus it is difficult to relate the atmospheric circulation changes over Asia to a specific diabatic heat source/sink.

d. Atlantic Air-sea Interaction

Figs. 6-10 indicate that Ekman heat transport significantly enhances air-sea interaction and the response to ENSO over the North Atlantic. To examine these interactions in greater detail, the SST/SLP/τ and 200 mb streamlines/precipitation (P) anomalies are presented for the Atlantic sector in the EKM (Fig. 11 top) and for the EKM-MLM (Fig. 11 bottom). SLP’ in the EKM bears a strong resemblance to negative phase of the NAO, with a low in the central North Atlantic and a high centered over southeast Greenland. High pressure also extends across the tropical Atlantic. The anomalous surface winds oppose the mean trade winds and westerlies at ~20°N and 50°N, respectively, warming the underlying ocean via the surface heat fluxes (Fig. 7a) by reducing the wind speed. The anomalous easterlies between 45°N and 60°N also warm the ocean by enhancing the poleward Ekman heat transport (Fig 6a), while anomalous northerly winds advect cold continental air over the Gulf of Mexico and along the east
cost of the United States, resulting in negative $Q_{net}$ (Fig. 6a) and SST anomalies. In the upper troposphere, cyclonic circulation in midlatitudes and anticyclonic circulation over the Caribbean are associated with enhanced winds and precipitation extending from Mexico to Western Europe and decreased precipitation over northeastern South America (Fig 11b). Overall, the EKM experiment is consistent with previous observational and modeling studies of the response to ENSO in the Atlantic sector (van Loon and Madden 1981; Van Loon and Rogers 1981; Lau and Nath 2001; Pozo-Vázquez et al., 2001).

The impact of including $Q_{ek}$ resembles the overall response to ENSO over much of the Atlantic (compare top and bottom panels of Fig. 11), including the aforementioned ∆SST tripole with positive (negative) values at 10°N and 50°N (30°N), and a negative NAO-like pattern, although the ∆SLP center in midlatitudes is shifted west relative to the overall ENSO response. The Ekman-induced increase in the atmospheric circulation can reach 40% of the overall signal, e.g. the ∆SLP is ~1.0 mb, while SLP‘ is ~2.5 mb in the EKM over Greenland. Likewise including Ekman transport increases the strength of the upper-level circulation and precipitation over the storm track region. While ∆P is negligible over the positive ∆SST in the tropical Atlantic, there are substantial but localized changes over South America, e.g. ∆P>0 near 0°, 55°W and 5S°, 45°W, and ∆P<0 further south and west. These precipitation changes appear to influence the circulation over the Amazon (5°S, 40°-70°W) and may impact the broader circulation over the North Atlantic (e.g. Peng et al. 2005?).

4. Summary and Discussion
The role of Ekman ocean heat transport on ocean and atmospheric variability associated with ENSO teleconnections was explored using coupled model experiments. In the MLM experiment, observed SSTs were specified in the tropical Pacific, while a variable depth mixed layer model was employed elsewhere over the global oceans. The same experimental design was used in the EKM simulations with the addition of $Q_{ek}$ in the mixed layer temperature equation. In both the MLM and EKM experiments the ENSO response during winter included a deeper Aleutian Low with the associated cyclonic circulation that cooled the central Pacific and warmed the northeastern Pacific via the surface heat fluxes. In the EKM experiment, including $Q_{ek}$ enhanced the ENSO forcing in the central and northeast North Pacific, increasing the magnitude of the SST anomalies by $\sim 1/3$ in these regions. As a result, the amplitude of the SST anomalies exceeded $1.0^\circ C$ in the central North Pacific in the EKM experiment, on par with the observed ENSO SST signal. Differences between the EKM and MLM simulations indicated that the $Q_{net}$ weakly opposed the larger amplitude SSTs in the EKM experiment indicative of thermodynamic damping. However, only minor differences arose between the ENSO-induced atmospheric circulation anomalies in the two experiments over the North Pacific.

While the atmospheric response to ENSO over the Atlantic is weaker than in the Pacific, it appears to be robust. The ENSO teleconnections in the MLM and EKM experiments resemble observations, including low pressure and negative SSTs off the east coast of the United States, similar to negative phase of the NAO and SST tripole patterns (c.f. van Loon and Madden 1981; Pozo-Vázquez et al. 2001). Using a similar experiment design to our MLM experiment, but with a fixed depth ocean model, Lau and
Nath (2001) also found that ENSO induced the negative phase of the NAO/SST tripole patterns. By comparing the coupled run to one where climatological SSTs were prescribed outside of the ENSO region, Lau and Nath showed that the Atlantic SST anomalies appeared to enhance the local atmospheric circulation. In our study, including Ekman transport further enhanced the Atlantic Ocean temperature anomalies and overlying atmospheric circulation, including the upper-level height anomalies, jet stream and storm track.

The extent to which the bridge-related Atlantic SST anomalies feed back on the atmosphere is uncertain here as well as in Lau and Nath, since in both studies SST anomalies over the global ocean can impact air-sea interaction in the Atlantic. For example, SST anomalies in the Indian Ocean may influence the atmospheric circulation over the North Atlantic (Hoerling et al. 2001), which in turn can force the underlying ocean. In our study, the Ekman-induced response over the Atlantic may be caused or augmented by a wavetrain that propagates across eastern Asia, over the pole and into eastern North America/Western Atlantic (Figs. 9d and 10d). Such features occur in idealized models as Rossby waves driven by tropical diabatic heat sources (e.g. Hoskins and Karoly 1981). Remote extratropical responses also occur in dynamic models with more realistic background flow and diabatic forcing (Ting and Sardeshmukh 1993) and in AGCMs with SST anomalies specified in the Indian and/or West Pacific Oceans (Hoerling et al. 2004; Li et al. 2006; Annamalai et al. 2007). However, these studies mainly find that the circulation anomalies develop in the North Pacific as well as the North Atlantic, whereas in our experiments the response is negligible over most of the North Pacific.
In contrast, Mathieu et al. (2004) concluded that the bridge-related SSTs in the Atlantic influenced the overlying atmospheric circulation based on AGCM experiments during ENSO years with and without Atlantic SST anomalies. In addition, observations (Czaja and Frankignoul 2002; Frankignoul and Kestenare 2005), AGCM experiments with specified Atlantic SST anomalies (Rodwell et al. 1999; Sutton et al. 2001; Peng et al. 2003), AGCM-slab ocean models (Watanabe and Kimoto 2000; Peng et al. 2005) and AGCM-MLM experiments (Cassou et al. 2007) all indicate a positive feedback between the NAO and SST tripole during winter.

Why does there appear to be relatively strong air-sea feedback in the Atlantic but not the Pacific, even though the largest Ekman induced SST anomalies occur in the Pacific? The answer may lie in the proximity of the SST anomalies to the storm track. An increased (negative) meridional SST gradient enhances the low-level baroclinicity, which is conducive to cyclogenesis (e.g. Hoskins and Valdez 1990). The Ekman-induced SST anomalies, located between 20°N-30°N in the western half of the Atlantic, enhance the SST gradient slightly south of the mean storm track entrance region. The equatorward position of the anomalous SST gradient relative to the upper-level storm track may lead to positive feedbacks between the two due to the poleward tilt of baroclinic waves with height (Yin and Battisti 2004). In the Pacific, the largest anomalies are in the eastern half of the basin far from the storm track entrance region. Alternatively, the Ekman-induced changes in diabatic heating over South America (Fig. 11d) may excite a Rossby wave train that emanates into the extratropical Atlantic (Drevillion et al. 2003, Cassou et al. 2004), which may also alter the storm track (Peng et al. 2003, 2005).
In response to tropical Atlantic SST anomalies, Peng et al. (2006) found that including Ekman transport amplified the SST tripole relative to heat flux forcing alone. In their study, including Ekman transport led to a faster development of the NAO-like pattern that reached “equilibrium” by January and then was of similar amplitude to the simulations without $Q_{ek}$ through April. In contrast, we found that the circulation and SST anomalies induced by $Q_{ek}$ peaked in mid to late winter and exceeded those in the MLM experiment during JFM. While the anomalous $Q_{net} > Q_{ek}$ in both studies, $Q_{net}$ damped the SST anomalies by mid winter in their study while maintaining SSTAs in ours.

Observational analyses indicate that during summer and fall the “North Atlantic horseshoe” SST pattern, which resembles the tripole shifted northeast by roughly 10°-20°, influences the NAO in the subsequent winter (Czaja and Frankignoul 2002; Frankignoul and Kestenare 2005). The EKM-MLM SST difference in summer/fall is similar to the horseshoe pattern, with positive SST centers near Europe and northwest Africa (not shown) and thus may influence the model’s NAO in winter. However, it is unclear whether the extratropical horseshoe anomalies influence the atmosphere or are driven by the atmospheric response to SSTs in the tropical Atlantic with little feedback on the atmosphere, as suggested by the modeling studies of Cassou and Terray (2001), Drevilllon et al. (2003), and Peng et al. (2005, 2006).

In the present study, we have implicitly examined the linear symmetrical response to ENSO by presenting the composite difference between El Niño and La Niña events. Over the Atlantic the response has an asymmetric component being stronger during La Nina than El Nino events, especially when Ekman transport is included (not shown). This asymmetry appears to occur in nature as well, e.g. Pozo-Vázquez et al. (2001) identified
the positive phase of the NAO as the response to La Niña but no significant signal during El Niño events. Using cluster analyses, Cassou et al. (2004) found a significant association between La Niña and the “Atlantic Ridge” regime, but no significant link with regimes during El Niño events. However, the Ridge regime, features a high at ~50ºN over the Central North Atlantic, ~15º south of its position found here and by Pozo-Vasquez et al. (2001). Thus, the asymmetrical response to ENSO over the Atlantic warrants further study.

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Fig. 1. The El Niño – La Niña composite of SLP (contours, interval 1 mb), surface wind stress (τ, black vectors, N m$^{-2}$, scale in upper right corner), and mean SST (color shading, interval 0.5 °C) during JFM(1) from the EKM, the model that includes $Q_{ek}$. Colored vectors indicate the direction of anomalous Ekman heat advection.
Fig. 2. Schematic of the ocean configuration for the MLM and EKM experiments. In both experiments SST anomalies are specified in the equatorial Pacific (yellow) for the years 1950-1999 and the ocean mixed layer model, MLM, is active over the remainder of the ice-free ocean (blue). Anomalous Ekman forcing is added to the MLM poleward of 5°N-5°S in ice-free regions of all ocean basins in the EKM simulations.
Fig. 3. The composite El Niño – La Niña (°C) SST during JFM(Yr1) for (a) observations over 1950-1999, (b) EKM, (c) MLM, and (d) EKM-MLM (Δ). The shading (contour) interval is 0.25 (0.5) °C in (a)-(c). The shading in (d) indicates where the t-test > 95% and 99% significance levels for DSST (contour interval 0.1°C). The large box in (b)-(d) indicates the region of prescribed SST forcing and the smaller boxes in (d) indicate the regions used in Fig. 8.
Fig. 4. MLD’ (m) during JFM(1) for (a) observations (1956-1999), (b) EKM, (c) MLM, and (d) ∆. The shading (contour) interval is 5 (10) m in (a)-(c). In panel (d), the shading indicates 95% and 99% confidence limits for the ∆MLD (contour interval 5 m).
Fig. 5. Schematic for the possible types of air-sea interaction in the EKM and MLM experiments.
Fig. 6. El Niño-La Niña ($Q_{el}$ W m$^{-2}$) during JFM(1) for (a) EKM and (b) MLM (computed offline). The shading (contour) interval is 2.5 (5) W m$^{-2}$. 
Fig. 7. El Niño-La Niña net surface heat flux ($Q_{net}$ in W m$^{-2}$) during JFM(1) for (a) EKM, and (b) EKM-MLM($\Delta$). The shading (contour) interval in (a) is 5 (10) Wm$^{-2}$. In panel (b), the shading indicates 95% and 99% confidence limits for the $\Delta Q_{net}$ (contour interval 5 W m$^{-2}$).
FIG. 8. El Niño – La Niña composite evolution for the (a) central Pacific, (b), western Atlantic, and (c) subarctic Atlantic regions (see Fig. 3 (d) for locations). The top panel for each region shows $Q_k$ (W m$^{-2}$) from the MLM (red) and EKM (blue) and $Q_{net}$ (Wm$^{-2}$) from the MLM (black) and EKM (green). The bottom panel for each region shows $\Delta Q/MLD$ (red; °C) and $\Delta SST$ (black; °C).
FIG. 9. The El Niño – La Niña composite of Z500 (m) during JFM(1) for (a) observed (1950-1999), (b) EKM, (c) MLM, and (d) Δ. The shading (contour) interval is 5 (10) m in (a)-(c). In panel (d), the shading indicates 95% and 99% confidence limits for the ΔZ500 (contour interval 5 m).
FIG. 10. The El Niño – La Niña composite of U200 (ms⁻¹) during JFM(1) for (a) EKM, and (b) Δ. The shading (contour) interval in (a) is 1.5 (3) ms⁻¹. In panel (b), the shading indicates 95% and 99% confidence limits for the ΔU200 (contour interval 0.5 ms⁻¹).
FIG. 11. The El Niño – La Niña composite during JFM(1) for (a) EKM SLP (contour interval 0.25 mb), SST (shading interval 0.05°C), and surface wind stress ($\tau$, black vectors, N m$^{-2}$, scale upper right corner), (b) EKM 200mb streamlines and precipitation (P, shading interval 1 cm/3mo), (c) $\Delta$SLP (contour interval 0.25 mb), $\Delta$SST (shading interval 0.05 °K), and $\Delta\tau$ (vectors, N m$^{-2}$), and (d) 200mb streamlines and $\Delta$P (shading interval 1 cm/3mo).