**A Paleoclimate Perspective on Atlantic Multidecadal Variability**

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Abstract

Traces of environmental conditions found in natural archives can serve as proxies for direct climate measurements to extend our knowledge of past climate variability beyond the relatively short instrumental record. Such paleoclimate proxies demonstrate significant multidecadal climate variability in the Atlantic sector since at least the mid-1700s. However, Atlantic multidecadal climate variability is primarily defined by fluctuations in sea surface temperature (SST) and the proxy evidence comes from a variety of sources, many of which are terrestrial and are not directly recording sea surface temperature. Further analysis into the causes and consequences of Atlantic multidecadal climate variability requires development of a spatial network of decadal resolution proxy SST records with both low and high latitude contributions. An initial attempt at a low-latitude Atlantic SST reconstruction found only 4 sites with ≤5 year resolution data, demonstrating the paucity of appropriate data available. The 4-site average correlated significantly with instrumental average SST and the Atlantic Multidecadal Oscillation (AMO). The full record, 1360-2000 C.E, and a shortened version 1460-1850, had significant multidecadal variability centered at a 60-year period. Comparing our reconstruction with reconstructions of hemispheric SST anomalies in the Atlantic shows that there is no consensus yet on the history of Atlantic multidecadal variability.
1. Introduction

Multi-decadal scale sea surface temperature (SST) anomalies in the North Atlantic often called the Atlantic Multidecadal Oscillation or AMO (after the editorial article by Kerr (2000)) are a subject of great research interest. The AMO has been connected to physical processes such as African rainfall (Folland et al., 1986), Atlantic sector hurricane frequency (Goldenberg et al., 2001), and precipitation in North America (Enfield et al., 2001), as well as ecological processes such as lower trophic-level productivity and fish migration patterns {Lehodey, 2006 #1118; Nye, 2013 #1272}.

The widely used AMO index by Enfield (2001) defines the phenomenon as a hemispheric wide SST anomaly but EOF analysis of global SST anomalies show a horseshoe pattern of correlation over a broad region of the North Atlantic {Goldenberg, 2001 #616}. EOF analysis of global SST anomaly data produces two centers of action for multidecadal SST variability after removing the global warming trend and El Niño-Southern Oscillation variability, one in the northern North Atlantic at about 45-60˚N latitude, and one in the tropical North Atlantic south of about 20˚N latitude {Goldenberg, 2001 #616}. The mid-latitude western Atlantic (about 20-45˚N) does not correlate highly with the rest of the basin on these time scales and some areas may even have negative correlation with the rest of the basin {Goldenberg, 2001 #616}.

Understanding the past behavior and mechanisms behind this multidecadal temperature variability in the North Atlantic contributes toward improved forecasts of the climate system and the related climatologic and ecologic processes. The leading hypothesis for the cause of the North Atlantic temperature anomalies invokes changes in ocean circulation and ocean heat transport (Delworth et al., 2007). Atlantic meridional
overturning circulation (AMOC), transports heat from the southern hemisphere to the northern hemisphere, driving hemispheric surface temperature anomalies (Vellinga and Wu, 2004). AMOC includes a warm, salty northward flowing surface circulation that moves along with the wind-driven surface currents, including the Gulf Stream. This surface flow replaces water at higher latitudes that cools, looses buoyancy, and sinks to depth in the North Atlantic. The cold deep water moves southward in a deep western boundary current, contributing to the net northward heat flow. AMOC is likely not the only process affecting North Atlantic sea surface temperature (SST) on these time-scales, but it has the potential to be a primary driver (Zhang et al., 2007). Evidence for the link between AMOC and AMO is primarily from modeling experiments (e.g., Knight et al., 2005), because the required long-term ocean circulation observations have only begun to be collected in recent years (Johns et al., 2010; Kanzow et al., 2010). Correlations between AMO and changes in water masses thought to be associated with AMOC provide circumstantial evidence for a connection between overturning circulation and AMO during recent decades (Kilbourne et al., 2007; Zhang et al., 2011), though the uncertainty inherent in the analyses leaves room for alternative explanations.

A major stumbling block for exploring the causes of the AMO is the relatively short length of instrumental records compared to the time-scale of the phenomenon (Johns et al., 2010). The global SST record only goes back about 160 years, representing a little over two oscillations between negative and positive phases. Direct ocean circulation observations targeting AMOC from programs such as the RAPID-MOCA observation array have only been made for a few years (Johns et al., 2010). Such short record lengths make it difficult to determine the frequency of oscillatory cycles and to
fully characterize the related processes. Thus, the name Atlantic Multidecadal Oscillation may be a misnomer because there is not enough evidence that the phenomenon is oscillatory with such a short instrumental record (Vincze and Janosi, 2011). Many authors describe the phenomenon as Atlantic Multidecadal Variability (AMV) instead of AMO; though for consistency with other papers in this volume we will continue using AMO in this paper.

Natural records of climate variability, known as paleoclimate proxies can supplement existing instrument-based observations to extend our records of climate to earlier periods. This paper describes recent contributions of paleoclimate work to our understanding of the AMO and highlights open questions. An analysis of existing data demonstrates the hurdles we still need to overcome and provides guidance for future research.

2. Summary of the paleoclimate literature addressing the AMO

The scientifically diverse audience for this paper warrants a brief explanation of paleoclimate data before delving into the nature of the AMO as evidenced in paleoclimate data. Climate-system processes leave traces in natural archives such as marine and lake sediments, shells of marine organisms, glacial ice, and cave deposits. Different chemical, biological, and physical variables measured in these natural archives provide many types of information including ocean and air temperature, relative precipitation amounts, and changes in ocean circulation patterns. The chemical, biological and physical variables measured in natural archives are often referred to as
“proxies” because they provide information in proxy to direct measurements of climate variables.

Paleoclimate proxy data has its advantages and disadvantages, like any other kind of data. The primary reason we use paleoclimate proxies is that they give us the ability to look back in time and extend our knowledge of Earth’s systems to before we were widely recording measurements. One major advantage of paleoclimate data in relatively recent samples is that the recording process only change on evolutionary and geologic timescales, unlike instrumental data where observation methods shift through time and can cause increased uncertainty in identifying long-term processes. A challenge of paleoclimate data is limited spatial and temporal resolution. Each archive is sensitive to specific climate variables (e.g., temperature, salinity, water mass mixing), has a specific spatial distribution (e.g., tropics, high altitudes, mid-latitudes) and has a characteristic time domain (e.g., summer only temperatures, interannual resolution, 100-300 year length), limiting the spatial and temporal resolution of some types of information. Another challenge is that paleoclimate proxies are not perfect recorders of climate variables and it is important to acknowledge and address the uncertainties in the records during interpretation.

Like direct measurements of the climate system, local, synoptic variations can impact variations at any given site, but the relatively broad spatial and temporal correlation of ocean and atmospheric variations can be utilized to represent larger-scale processes. Just like the atmospheric pressure difference between Tahiti and Darwin, Australia represents the Southern Oscillation in the climate system, well-placed proxy
measurements can be used to reconstruct specific climate processes such as the El Niño-Southern Oscillation, or in the case of this paper, the AMO.

One of the most common methods of reconstructing past temperatures is by determining the oxygen isotopic composition in biogenic CaCO$_3$, a method that was first proposed by Harold Urey (1947). The oxygen isotopic composition of inorganic CaCO$_3$ precipitated in equilibrium is a function of both the temperature of precipitation and the isotopic composition of the water from which it precipitates. Some organisms, including sclerosponges and foraminifera (Druffel and Benavides, 1986; Erez and Luz, 1983) precipitate their skeleton at or close to isotopic equilibrium with the surrounding seawater and behave similarly to inorganic CaCO$_3$ (Druffel and Benavides, 1986; Erez and Luz, 1983). Other organisms, such as corals have an isotopic composition with a mean offset from equilibrium but the skeletal isotopic variations respond to temperature and water isotopic composition just like the organisms that precipitate in equilibrium with the water (Weber and Woodhead, 1972). Isotope data is reported in delta notation, which expresses the isotopic ratio ($^{18}$O/$^{16}$O) in a sample ($R_{smp}$) relative to the isotopic ratio of a standard ($R_{std}$). It is defined by the following equation.

$$\delta^{18}O = 1000 \times \frac{R_{std} - R_{smp}}{R_{std}}$$

Empirical and experimental equations have been determined that quantify the relationship between the three variables, temperature, water isotopic composition and carbonate isotopic composition for different taxonomic groups included in this study [e.g., Erez and Luz, 1983; Leder et al., 1996; Brad E. Rosenheim et al., 2009]. Seawater oxygen isotopic composition is primarily determined by salinity in the tropics over recent centuries, but water mass changes and global ice volume contribute over geologic
timescales. Oxygen isotopic data alone provide a convolved signal of temperature and
water isotopic composition that can be de-convolved with an independent measure of
temperature or water oxygen isotopic composition.

An independent method of determining temperature using CaCO$_3$ involves
measuring Sr/Ca or Mg/Ca ratios in biogenic carbonates. These elements tend to
substitute for the Ca in CaCO$_3$, with a distribution coefficient between the water and the
mineral that is a function of temperature (Beck et al., 1992; Rosenthal et al., 1997). The
distribution coefficient in this case is defined as the ratio of the Sr/Ca molar ratio in the
aragonite (Sr/Ca$_A$) to the Sr/Ca molar ratio in the liquid (Sr/Ca$_L$):

$$ D = \frac{Sr/Ca_A}{Sr/Ca_L} $$

after equation (1) in (Kinsman and Holland, 1969).

The concentration of the elements in seawater is also important as the above equation
makes clear, but is usually assumed to be constant for conservative elements with long
residence times in the open ocean such as Mg and Sr. Although this is the traditional
view of Mg and Sr, some variations in seawater Sr/Ca exist (de Villiers, 1999) and this
could be a source of significant error in some records. CaCO$_3$ has two common mineral
forms at Earth’s surface temperature and pressure, aragonite and calcite. The signal to
noise ratio tends to be best for Sr/Ca in aragonitic corals and sclerosponges, whereas
Mg/Ca is used for paleotemperature reconstructions from calcitic foraminifera.

Empirical calibration studies provide the quantitative relationships between CaCO$_3$
element/Ca ratios and temperature (e.g., Rosenheim et al., 2005; Rosenthal et al., 1997;
Swart et al., 2002). The rest of this section highlights recent contributions of paleoclimate
work using these proxies to our understanding of the AMO.
A major focus of recent paleoclimate work on multidecadal timescales has been to generate paleoclimate/paleoceanographic records with enough length and time-resolution to robustly capture multidecadal-scale signals and use those records to characterize past behavior of the AMO. One of the early attempts to characterize multidecadal variability in paleoclimate data was Delworth and Mann (2000). These authors used the 5th eigenvector of a multi-proxy global climate reconstruction to demonstrate that the climate system has a concentration of variance with a time scale of about 70 years. Furthermore, they demonstrated that the spatial patterns of the observations were similar to those found associated with thermohaline circulation variability in multiple versions of the GFDL coupled ocean-atmosphere model. Acknowledging the need for more data and improved modeling work, Delworth and Mann (2000) laid out a framework that has guided many paleoclimate studies on multidecadal climate variability in the intervening time.

One null hypothesis and two competing alternative hypotheses tend to drive the paleoclimate discussion since the Delworth and Mann (2000) paper. The null hypothesis is that multidecadal variability in the climate system is simply random low frequency behavior (red noise), likely caused by the slow response of the ocean to higher frequency atmospheric noise. The first alternative hypothesis is that the multidecadal signal in the climate system is forced by some external factor such as volcanoes, anthropogenic aerosols or changes in solar irradiance. The second alternative hypothesis is that the climate system has an inherent internal mode of variability, like the El Niño-Southern Oscillation, with a concentration of variance at a characteristic time scale of multiple decades. Either of the two alternative hypotheses indicate that there can be a mechanistic
understanding of the process causing such climate fluctuations and therefore this is a predictable process.

What do the data indicate? Many high-resolution (<10 years per sample) paleoclimate studies have produced data that correlate to the modern AMO during the 20th century (e.g., Hetzinger et al., 2008; Moses et al., 2006). Fewer extend before the instrumental period, although several studies have found substantial multidecadal variability in different types of paleoclimate data from various locations back to at least 1750 (Black et al., 2007; Delworth and Mann, 2000; Gray et al., 2004; Haase-Schramm et al., 2003; Kilbourne et al., 2008; Knudsen et al., 2011; Saenger et al., 2009). An important caveat to the findings in these papers is that they explore a process that is defined as a northern hemisphere Atlantic sea surface temperature anomaly, whereas none of them reconstruct hemispheric sea surface temperature anomalies. Instead, they rely on reconstructing local variables (such as temperature) that are linked to larger scale processes such as the AMO during the recent period. Some of the studies rely heavily on northern hemisphere tree ring records which record temperature and/or precipitation over land (e.g., Delworth and Mann, 2000; Gray et al., 2004), while other records represent mostly hydrologic variability on decadal time scales (Kilbourne et al., 2008; Knudsen et al., 2011). The records with the strongest link to hemispheric SST anomalies are paleo-SST records from locations that are spatially correlated to a broader region of the North Atlantic (Black et al., 2007; Saenger et al., 2009) but even those records have caveats about the potential for local/regional processes to influence the conclusions about hemisphere-wide phenomena.
Recognizing that much of the existing paleoclimate data are not necessarily describing hemisphere-wide multidecadal SST anomalies, one can still learn something about multidecadal-scale climate variability from the data. The longer records tend to see weaker multidecadal signals and stronger centennial-scale signals before 1750 (Black et al., 2007; Gray et al., 2004; Saenger et al., 2009), leading Saenger et al. (2009) to conclude that multidecadal climate variability is not a persistent feature of the climate system before about 1730AD.

To test the persistence of strong multidecadal variability in the climate system, Knudson et al. (2011) gathered the few existing high temporal resolution (<25 years) proxy records spanning the last 8000 years. They found a quasi-persistent 55-70 year signal in each record, concluding that the AMO is a regular, but intermittent, feature throughout most of the Holocene (the geologic period that started 10,000 years ago), consistent with the conclusion made by Saenger et al., (2009). The long lengths of the records contribute to small error bars and a compelling case. However, the fact that multiple proxies representing a variety of climate system variables and processes were used in this study keeps this from being a definitive study of Atlantic SST variability. Additionally, it is difficult to say from their analysis if the intermittent signal is real, or if the significant spectral peaks are among the 5% of spurious peaks expected for an analysis that sets a 95% confidence level. Further statistical and spectral analysis of the data could help differentiate between these possibilities.

Although these studies do not overwhelmingly support one or the other alternative hypotheses, the majority of these studies effectively conclude that the null hypothesis can be rejected; the climate system naturally has a concentration of variance at multidecadal
scales that is larger than expected from a red-noise background, at least since the mid
1700s. If we can reject the null hypothesis, the alternative hypotheses must be considered
and authors of previous papers have argued for both alternative hypotheses.

Several studies point out the potential for external factors such as volcanic ash,
anthropogenic aerosols and solar variability to have caused multidecadal SST fluctuations
in the Atlantic (e.g., Booth et al., 2012; Mann and Emanuel, 2006; Ottera et al., 2010).
However, the proposition that solar variations are a major contributor to multidecadal
variability is not supported by long paleoclimate records (Knudsen et al., 2011). Aerosol
and volcanic forcing are widely acknowledged as contributing to recent multidecadal
variability, but some contribution from ocean forcing also seems likely (Ting et al., 2009;
Zhang et al., 2007).

By far the most well supported alternative hypothesis is that multidecadal
temperature variations are, at least in part, an intrinsic feature of the ocean-atmosphere
system. Many general circulation models (GCMs) contain intrinsic North Atlantic
temperature fluctuations that can be linked to AMOC (e.g., Delworth et al., 1993;
Timmermann et al., 1998; Vellinga and Wu, 2004). The strongest evidence lies in studies
such as Delworth and Mann (2000) and Delworth et al., (2007), which demonstrate that
the observed patterns of climate variability in paleoclimate proxy data are similar to the
patterns caused by AMOC perturbations in models. However, the mechanism for AMOC
variation on multidecadal to centennial timescales differs between models and even
versions of the same model (Danabasoglu, 2008) and the paleoclimate data to our
knowledge has not yet yielded evidence in support of one or the other mechanism.
Future research linking paleoclimate data with proposed mechanisms based on model
experiments could yield progress in our understanding of the AMO and its connections to AMOC.

3. Evidence for a link between AMOC and surface temperature

Evidence of a link between ocean circulation changes and hemispheric temperature anomalies on multidecadal time scales is still circumstantial. One area of focus has been to identify the amount of equatorial water brought into the Caribbean in the North Brazil Current (NBC) and its eddies, because the NBC is a primary conduit for surface water transport between the northern and southern hemispheres. Kilbourne et al. (2007; 2008) used coral radiocarbon as an ocean water-mass tracer to document a shift in the amount of equatorial water entering the Caribbean in the 1970s that coincided with a switch from warming to cooling temperature anomalies in the AMO. More recently, five decades of NBC transport observations have been compiled from shorter physical oceanographic studies (Zhang et al., 2011). The results show a significant correlation to Labrador Sea Water thickness, thought to be related to AMOC strength, and a significant correlation (at zero lag) with the AMO index (Enfield et al., 2001), providing further observational evidence of a link between the AMO and AMOC.

Paleoclimate research has amassed significant evidence of a connection between deep-ocean overturning in the northern North Atlantic and hemispheric temperature anomalies over centennial to millennial timescales (Stanford et al., 2011). Several past climate events have been blamed on a shutdown or slowdown of AMOC. The most recent event is the Little Ice Age (~1450-1850 C.E.), which was recently linked to reduced AMOC due to ice sheet expansion caused by volcanism (Miller et al., 2012;
According to this hypothesis, volcanic aerosols reduced temperatures and caused ice sheet expansion, which limited air-sea heat exchange and diminished high latitude deep ocean convection. It should be noted that this is only one hypothesis and that other mechanisms for the Little Ice Age have been proposed. Evidence from marine sediment cores and ice cores of abrupt cooling events over the last glacial and deglacial period led to the proposition that these millennial-scale events were caused by changes in the amount of meridional overturning circulation (Broecker and Denton, 1989). This premise has held up as a cause of several events in the geologic record through much investigation and the development of new proxies for ocean circulation (Austin et al., 2011; Boyle and Keigwin, 1987; Broecker and Denton, 1989; McManus et al., 2004; Murton et al., 2010).

4. Low-latitude AMO synthesis

4.1 Introduction to the synthesis

Refining our picture of past the AMO behavior requires the generation of long, high-resolution paleo-SST records that can be synthesized into a time series analogous to the modern AMO index of Enfield (2001). A multi-site reconstruction with records from both high and low latitudes ensures that both centers of action are included while avoiding undue influence from local processes at any single site. Obtaining enough records for separate low and high latitude networks is key because the signals may not be forced by the same dynamics (Ting, 2009 #1215).

A network of records will provide the best possible picture of past the AMO and it is worth considering the specific characteristics required of those records for successful the AMO reconstruction. Heslop and Paul (2011) suggested that annually resolved
proxies are required to achieve a high enough signal to noise ratio. However, they only
considered signal to noise ratios of single records that get averaged over time, not spatial
networks of records that can be averaged over both space and time. Spatial averaging
similarly increases the signal to noise ratio and does not require records with such high
temporal resolution. Paleoclimate records longer than 420 years ensure a minimum of 6
repetitions of a 70-year oscillation, enough to identify the multidecadal band robustly out
of the noise in the system, but longer records are needed to explore the interaction of the
AMO with centennial and longer-scale climate variability. Sample sites located in North
Atlantic regions that are highly correlated with the modern-day AMO index (Enfield et
al., 2001) provide reconstructions that have a high likelihood of representing the AMO-
related processes. Long, annually-resolved SST reconstructions from the high latitude
Atlantic are still unavailable to our knowledge, though several records are in progress. In
the meantime, it is useful to explore a low latitude perspective of the AMO where we
have a few high resolution, multi-century paleoclimate data sets.

The following is an analysis of multidecadal variability in the existing high-
resolution, low latitude paleoclimate proxies. A focus on the low latitudes is justified for
two reasons. The first is that tropical SST anomalies are critical to tropical storm
frequency, with increased tropical SST associated with more tropical cyclones
(Goldenberg et al., 2001). Low latitude SST is only one of many possible drivers of
hurricane activity, so a tropical Atlantic SST reconstruction would be valuable for
comparing to reconstructions of hurricane frequency from the Atlantic basin (e.g.,
Donnelly, 2005; Donnelly and Woodruff, 2007; Woodruff et al., 2008). A second reason
a tropical focus is of interest is that although SST observations and reanalysis data

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indicate a strong the AMO signal in the tropics (see Alexander et al., 2012), climate
modeling efforts indicate that the low and high latitude North Atlantic may not be equally
involved in multidecadal variability (Ting et al., 2011). It is unclear if this difference is a
deficiency of the models or if it applies to the real world (Alexander et al., 2012).
Independent SST constructions from high and low latitudes could lend support to one of
these perspectives.

4.2 Methods

NOAA’s World Data Center for Paleoclimatology and the Pangaea databases
were mined for high-resolution (≤5 years/sample) SST-related proxy data in the tropical
North Atlantic (latitude 0°–22°N) that extend the instrumental record (earliest date before
1880). We chose a slightly lower resolution than the recommended annual resolution
(Heslop and Paul, 2011) in order to include more data. Several high-resolution SST
reconstructions in the Atlantic come from Florida, Bermuda and the Bahamas which lie
north of the 22°latitude delineation. We intentionally excluded these records because the
SSTs in those regions are not part of the center of action for AMO (see figure 2 in
(Goldenberg et al., 2001)).

Six records from four sites met the criteria (Table 1, Figure 1), sclerosponge
Sr/Ca and δ¹⁸O records from just south of Jamaica (Haase-Schramm et al., 2003), a
foraminiferal Mg/Ca record from the Cariaco Basin (Black et al., 2007), coral Sr/Ca and
δ¹⁸O records from Puerto Rico (Kilbourne et al., 2008), and a coral growth record from
the Yucatan peninsula (Vásquez-Bedoya et al., 2012). The coral record from Puerto Rico
is supplemented with new data from the same site from an older coral (manuscript in
preparation by K. H. Kilbourne) and both data sets supersede the previously published, much shorter, paleoclimate records from this site (Watanabe et al., 2002; Winter et al., 2000).

Each geochemistry record was converted to temperature using a proxy-specific calibration, two of which were based on a local calibration with the proxy data during the instrumental period and four of which were based on species-specific calibrations done elsewhere that is independent from the proxy data used in the reconstruction. The foraminiferal Mg/Ca and the coral growth records were converted to temperature using the author’s calibration of the data to instrumental temperature. The calibrations for the sclerosponge came from Rosenheim et al., (2005), whereas the calibrations for the coral Sr/Ca and δ¹⁸O records came from Swart et al., (2002), and Leder et al., {, 1996 #262} respectively. The successful application of an independent calibration equation to another dataset demonstrates that the reconstructed climate signal is not just based on fitting the modern data, but is based on relatively well-understood, reproducible processes that cause climate information to be recorded in natural archives. Unlike many multi-proxy reconstructions, we first turned the proxy variables into temperature units, thus eliminating the need to normalize the data by the standard deviations to keep the units comparable and enabling us to treat the proxy data as if it were instrumental temperature data.

Monthly instrumental temperature anomaly data from the ERSST3b (Smith et al., 2008) provided an instrumental comparison for our proxy data. Data were obtained from the grid-box that contained each site.
Both the proxy and the instrumental SST records were treated essentially the same way. The temperature anomalies relative to the 20th C mean from each site were degraded to 5-year resolution by integrative interpolation where each point represents the series mean between two midpoints using the software package Analyseries (Paillard et al., 1996). The individual 5-year resolution records were averaged to create two composite Caribbean SSTA records, one proxy and one instrumental. The proxy reconstruction spans 1225 to 2000, but 1225-1355 consists of only one record and the reconstruction is most robust 1470-1990, the period of overlap between at least three of the records.

The analysis of the proxy records differed from that of the instrumental data in the following ways. The temperature estimates from Sr/Ca and δ¹⁸O in the coral and sclerosponge records were averaged into a site-specific temperature estimate because both proxies are temperature dependent and we did not want to overweight these two sites when averaging all the data together. Using δ¹⁸O as a temperature proxy implicitly includes any salinity-driven δ¹⁸O signal into the temperature estimate but in the tropics warmer conditions are more often than not associated with wetter conditions and the direction of the δ¹⁸O anomaly is the same in both instances, so the signal from a temperature anomaly thus magnified and the signal/noise ratio is improved.

For the discontinuous Puerto Rico coral record, the gap between the two corals was filled with a value equal to the average of the 10 years of data on either side of gap (N=20) before the temporal resolution was reduced. The gap impacts the spectral analysis of Puerto Rico coral data alone by increasing the power at centennial scales slightly, but there is little impact on multi-decadal frequencies (Kilbourne, 2010). Filling
the gap with the mean reduces the impact on multidecadal scales and the composite record is even more robust to the influence of the gap.

We iterated the primary proxy reconstruction in two ways to test the robustness of the reconstruction. First we left out the results from a single site in iterative reconstructions to test the dependence of the signal on any particular location. Next we left out individual records, for instance leaving out the coral Sr/Ca record from Puerto Rico, but leaving in the δ¹⁸O record from Puerto Rico to test the dependence on any particular proxy record. The variance of these 7 record-dependence iterations was greater than for the 5 site-dependence iterations, so we use the former in subsequent time-series analysis.

An analysis of the 7 reconstruction iterations in frequency space illuminated the periods of significant variance over the years 1360-2000 (the length of the reconstruction with ≥2 records forming the reconstruction). The centennial signal had to be removed before higher frequency variability could be investigated, much as a trend must be removed from shorter time series because of the potential for contamination via spectral leakage from the low frequencies to higher frequencies inherent in spectral analysis of finite length records, especially when the time series are short relative to the frequency of interest. These data will be referred to in this text as the de-trended data. The first principal component of a Singular Spectral Analysis (SSA, (Ghil et al., 2002)) of the SST anomaly reconstruction provided an estimate of the long-term variations to be removed and was subtracted from the original reconstruction. SSA is a method of decomposing a time-series into its primary modes of variability, in mathematically the same way that a spatial data set is decomposed into spatial Empirical Orthogonal Functions (EOFs).
Next, a multi-taper spectral analysis was performed on all 7 reconstruction iterations using the software Spectra (Ghil et al., 2002) with a bandwidth parameter of 2 (p=2) and 3 tapers (tapers=K=2*p-1). Three tapers reduce the variance of the spectral estimate (the error bars on the spectrum) at a specific frequency by 3 fold compared a traditional Blackman Tukey analysis (Ghil et al., 2002) and the bandwidth parameter chosen here results in a spectral resolution of ±0.003cycles/year. In other words, the spectral power at 0.016 cycles/year (59.9 years/cycle) averages the power between 0.019 cycles/year and 0.013 cycles/year (52.6 and 76.9 year periods). Changing the p and k parameters would impact the error bars on both power and frequency, but do not change the general results of the spectral peaks.

In order to test the robustness of the significant peaks from the first MTM analysis, a new SSA was calculated on the de-trended primary reconstruction with all of the proxy data and the first 8 principal components were used to reconstruct a new time series that contains most of the variance from the original data. A second, similar MTM analysis was conducted on the reconstructed series (again p=2, K=3). This SSA-MTM process is a good check that the peaks found in the original MTM analysis are valid because the reconstructed series has a different noise spectrum and therefore different spurious peaks (Penland et al., 1991). All spectral analyses were tested against a first autoregressive (AR-1) red noise model.

Repeating the MTM analysis on the primary reconstruction for the years 1460-1850 provided a test of dependence of the results on the strong multidecadal variability during the 20th century.
5. Results

The Caribbean proxy SST anomaly record reproduces the modern regional SST anomaly over the years 1860-2000 with a standard error of ±0.34°C. The decadal-scale variability of SST in this region as measured by the standard deviation of the 5-year average instrumental SST anomaly data used in the calibration is 0.44°C. The two series are significantly correlated ($r=0.66$) and the proxy data visually matches the regional SST composite over the period of overlap with a few years of exception (Figure 2). The reconstruction is also correlated ($r=0.66$) to the AMO index of Enfield (2001), explaining 44% of the variance in that record, which is comparable to the correlation between the AMO and the regional SST composite ($r=0.76$, 58% variance explained). The correlation of the de-trended proxy and de-trended AMO index gives a measure of the ability of the proxy reconstruction to reproduce Atlantic multidecadal signals alone and that correlation is strong as well ($r=0.55$, 30% variance explained). These correlation coefficient values are comparable to good tree ring reconstructions, with the proxy reconstruction capturing 30-44% of the variance in the instrumental record, depending on which data are being compared.

A strong centennial-scale signal is visible in the SST anomaly reconstruction associated with the Medieval Climate Anomaly, Little Ice Age and modern warming trend (Figure 3). The warmest temperatures during the earliest period (1225-1355 C.E.) should not be considered representative of the Caribbean as a whole because the data are purely from the Cariaco Basin, a location which saw a lower magnitude of centennial variability compared with the northern Caribbean records. The latter are consistent with
centennial variability in subtropical records from the Gulf of Mexico (Richey et al., 2007).

Spectral analysis of the de-trended Caribbean SST anomaly reconstruction contained 3 significant peaks that were above a 95% confidence level relative to a red-noise background (Figure 4). The results were similar for all of the reconstruction iterations, and for the pre-20th century reconstruction. Similar peaks were found in MTM analyses using the un-altered temperature reconstruction and the de-trended temperature reconstruction (Table 2). The only peak that exceeded the 95% confidence limit in both the MTM and the SSA-MTM analyses on the de-trended data is centered at a period of 60 years, indicating that the Caribbean climate system has had a concentration of variance in the multidecadal band since at least 1360.

6. Discussion

The 520-year, multi-proxy record is sufficient to have good confidence in the identification of a 60-year period signal. These results are exciting because we demonstrate significant multidecadal SST variability over many centuries using a regional composite record from six different proxy types in four different locations with independent proxy-specific calibrations. Unlike results from studies that are dependent on a single location and a single proxy, using a network of marine proxies theoretically reduces the non-climatic and local climate noise inherent in individual records and gives us much more confidence in the results compared to single-record reconstructions. Additionally, these results are from marine temperature proxies being used to reconstruct ocean temperature, located in a region that directly responds to the AMO, unlike some studies that have used non-marine archives to attempt to reconstruct the AMO.
Comparison of our Caribbean SST results with reconstructions of the AMO illustrates that much more work is needed before we have a consensus view of the past behavior of the AMO. Only two AMO reconstructions are available for comparison at National Ocean and Atmospheric Administration’s World Data Center for Paleoclimate database (Gray et al., 2004; Mann et al., 2009). Both the AMO reconstructions rely heavily on mid-latitude tree-ring data and neither has a focus on marine temperature proxies, the obvious choice if one is trying to reconstruct ocean temperature variability. Both the Gray et al (2004) and Caribbean SST records are significantly correlated to the AMO index over the instrumental period, though they are not significantly correlated to each other (Table 3). It is impossible to compare the Mann et al., (2009) the AMO reconstruction with these records during the instrumental period because the authors chose to provide a reconstruction only pre-1850. However the climate field reconstruction from which this record is derived has significant skill over much of the North Atlantic (Mann et al., 2009).

Despite the similarities during the instrumental period, all three records are quite different during the pre-instrumental era (Table 4, Figure 5). Why might this be? The most likely culprit is a lack of available well-dated, high-resolution marine proxy temperature records. The Grey et al., [2004] dataset includes no marine records and although SSTs do influence continental temperatures, it is possible that much of the signal in that record represents substantial influence of other climate processes. The climate field reconstruction of Mann et al., [2009] is limited by the number and spatial location of data sets available, which makes the number of spatial degrees of freedom low and artificially makes the AMO and PDO reconstructions similar (Mann et al., 2009).
The Caribbean SST reconstruction presented here is only representative of one region within the whole North Atlantic and thus misses the mid- and high-latitude component of the Atlantic SST signal. Each of the records has their own strengths and weaknesses but none are likely to represent the actual history of the northern hemisphere SST anomalies that are often used to define the AMO. However, the present analysis provides a tropical perspective that can be compared with regional perspectives from mid to high latitude Atlantic records to provide greater insight into multidecadal temperature variability in the Atlantic and thus AMO. A concerted effort to increase the number of high resolution SST proxies available will enable future studies to make more robust estimates of the AMO past behavior.

Future work must expand the Caribbean SST reconstruction both temporally and spatially into a truly hemisphere-wide SST reconstruction. Long records are usually lower resolution, but longer records can also give better spectral resolution because the Fourier Frequency \(1/T\), where \(T=\text{record length}\) is smaller and there are more repetitions of a cycle, so that one can confidently identify frequencies closer to the Nyquist frequency \((1/2\Delta t, \text{where } \Delta t \text{ is the time resolution of the record})\). A novel method of increasing the length and resolution of reconstructed SST data is proxy-to-proxy calibration that quantifies the relationship between a direct, but usually time consuming and expensive SST proxy (such as alkenone unsaturation index \(U^k_{37}\)) and a less expensive, higher resolution data type such as x-ray fluorescence scans or in-situ reflectance spectroscopy (von Gunten et al., 2012). Networks of decadal-scale data (not multi-decadal, because that is too close to the Nyquist frequency) spanning a few
thousand years could be very valuable to complement the higher resolution data, as long
as we are careful to use only SST proxies to reconstruct an SST-related phenomenon.

The modern AMO index is defined as a sea surface temperature signal integrated
over the North Atlantic basin, so it is appropriate to similarly combine proxy records
from a spatial network into one time series to get a reconstruction of the AMO (Mann et
al., 2009). Examples of ocean paleotemperature proxies with consistently high temporal
resolution include foraminiferal geochemistry from laminated sediments and growth rates
or geochemistry from corals (Jones et al., 2009), long-lived pelecypods (Wanamaker et
al., 2008), and coralline algae (Halfar et al., 2009). These proxies provide opportunity to
create a multi-proxy marine network with a wide latitudinal distribution because massive
reef-building corals are found at low latitudes whereas long-lived pelecypods and
massive coralline algae tend to be found at higher latitudes and sediment cores can be
taken at all latitudes. Focusing only on marine temperature proxies will generate data
that directly reconstruct the process of interest (SST variability), steering clear of signals
from other climate variables and the teleconnections that may have changed over time.

Once a hemispheric SST history is established, spatial reconstructions such as
Evans et al (2002) and Mann et al., (2009) will be important to explore the coherence of
high and low latitude signals and to help diagnose the processes involved in the real-
world variability. Higher resolution spatial and temporal reconstructions paired with
other key paleoceanographic and paleoclimatic data will help us eventually diagnose
which of the many proposed model-based processes dominate the actual driving factors
of multidecadal variability in the Atlantic.
7. Conclusions

Two main conclusions can be drawn from the literature reviewed and the data presented. The first is that multidecadal climate variability observed in paleoclimate data from many studies at least sporadically exceeds a red-noise background. Secondly, the data are sparse but the data we have right now for the Caribbean indicates a concentration of variance centered on a 60yr period that exceeds the red noise background since the mid 1300s. A synthesis of existing ocean temperature reconstructions is needed in the future with both high and low-latitude records to establish the common hemispheric SST signal.
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8. Table and Figure Captions

Table 1: Tropical Atlantic SST proxy records with $\leq$ 5 year resolution that begin before 1880 C.E. from NOAA’s World Data Center for Paleoclimatology and the Pangaea open access data library.

Table 2: Periods associated with significant spectral peaks in the Caribbean reconstructed SST record. Associated confidence level exceeded is noted in parentheses.

Table 3: Pearson’s correlation coefficients ($r$), between variables representing multidecadal SST signals during the instrumental era (1990-1860). Significant $r$-values are in bold as tested against 1 independent data point per decade of data.

Table 4: Pearson’s correlation coefficients ($r$), between variables representing multidecadal SST signals during the pre-instrumental era (1855-1570). Significant $r$-values are in bold as tested against 1 independent data point per decade of data.
Figure 1: Raw paleoclimate data used in the Caribbean SST reconstruction. B) Sclerosponge Sr/Ca-based and δ¹⁸O-based temperature anomalies from Jamaica (Haase-Schramm et al., 2003) using the calibration equation of Rosenheim et al. (2004). C) Cariaco basin foraminiferal Mg/Ca-based temperature reconstruction (Black et al., 2007). D) Puerto Rico coral δ¹⁸O-based and Sr/Ca-based temperature reconstructions, data from (Kilbourne et al., 2008) and Kilbourne un-published data. The δ¹⁸O records from both the sclerosponge and coral may include significant contribution from regional salinity variability.

Figure 2: Comparison of reconstructed temperature as an average of the SST proxies from the Caribbean (Proxy Carib Average, bold line) with averaged instrumental temperature (Caribbean Average, dashed line) from grid boxes nearest the proxy sample sites.

Figure 3: Caribbean SST anomaly reconstructions from the proxy records in Figure 1. First (dark grey) and second (light grey) standard error envelope is based on the standard error of regression between the reconstructed SST (black line) and instrumental SST (dashed line) during the most recent era. The first principal component (white line) is used to de-trend the data for time series analysis. The leave-one-out proxy reconstruction iterations from both the site-specific test and the record-specific test are shown (dotted grey lines). The instrumental Caribbean average dataset is the average of the ERSST data
Figure 4: Multi-taper method power spectra of the de-trended reconstructed Caribbean SST based on sclerosponge, foraminifera and coral proxies for the periods 1360-2000 AD (black) and 1460-1850 (grey). The thin curves in black and grey indicate the 95% confidence level based on an AR-1 red noise model for each spectrum respectively. Note the variance conserving log-log plot has the feature that equal areas under the curve represent equal amounts of variance. The strongest peaks are centered at a ~60 yr period for each time period.

Figure 5: Proxy reconstructions of Atlantic multidecadal variability correlate to instrumental records of SST anomalies during the modern period, but do not show coherent multidecadal-scale variability during the pre-instrumental period. All data sets were normalized by their z-scores and are in standard deviation units. The instrumental Caribbean average dataset is the average of the ERSST data (Smith et al., 2008) from the grid boxes nearest the proxy sites, (68°W, 18°N; 80°W, 18°N; 65°W, 12°N). The grey bars represent eras of warm Atlantic SST as determined by the AMO index of Enfield (2001).
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