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A Paleoclimate Perspective on Atlantic Multidecadal Variability

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38 **Abstract**

39 Traces of environmental conditions found in natural archives can serve as proxies for
40 direct climate measurements to extend our knowledge of past climate variability beyond
41 the relatively short instrumental record. Such paleoclimate proxies demonstrate
42 significant multidecadal climate variability in the Atlantic sector since at least the mid
43 1700s. However, Atlantic multidecadal climate variability is primarily defined by
44 fluctuations in sea surface temperature (SST) and the proxy evidence comes from a
45 variety of sources, many of which are terrestrial and are not directly recording sea surface
46 temperature. Further analysis into the causes and consequences of Atlantic multidecadal
47 climate variability requires development of a spatial network of decadal resolution proxy
48 SST records with both low and high latitude contributions. An initial attempt at a low-
49 latitude Atlantic SST reconstruction found only 4 sites with ≤ 5 year resolution data,
50 demonstrating the paucity of appropriate data available. The 4-site average correlated
51 significantly with instrumental average SST and the Atlantic Multidecadal Oscillation
52 (AMO). The full record, 1360-2000 C.E, and a shortened version 1460-1850, had
53 significant multidecadal variability centered at a 60-year period. Comparing our
54 reconstruction with reconstructions of hemispheric SST anomalies in the Atlantic shows
55 that there is no consensus yet on the history of Atlantic multidecadal variability.

56

57 **1. Introduction**

58 Multi-decadal scale sea surface temperature (SST) anomalies in the North
59 Atlantic often called the Atlantic Multidecadal Oscillation or AMO (after the editorial
60 article by Kerr (2000)) are a subject of great research interest. The AMO has been
61 connected to physical processes such as African rainfall (Folland et al., 1986), Atlantic
62 sector hurricane frequency (Goldenberg et al., 2001), and precipitation in North America
63 (Enfield et al., 2001), as well as ecological processes such as lower trophic-level
64 productivity and fish migration patterns {Lehodey, 2006 #1118;Nye, 2013 #1272}.

65 The widely used AMO index by Enfield (2001) defines the phenomenon as a
66 hemispheric wide SST anomaly but EOF analysis of global SST anomalies show a
67 horseshoe pattern of correlation over a broad region of the North Atlantic {Goldenberg,
68 2001 #616}. EOF analysis of global SST anomaly data produces two centers of action
69 for multidecadal SST variability after removing the global warming trend and El Niño-
70 Southern Oscillation variability, one in the northern North Atlantic at about 45-60°N
71 latitude, and one in the tropical North Atlantic south of about 20°N latitude {Goldenberg,
72 2001 #616}. The mid-latitude western Atlantic (about 20-45°N) does not correlate highly
73 with the rest of the basin on these time scales and some areas may even have negative
74 correlation with the rest of the basin {Goldenberg, 2001 #616}.

75 Understanding the past behavior and mechanisms behind this multidecadal
76 temperature variability in the North Atlantic contributes toward improved forecasts of the
77 climate system and the related climatologic and ecologic processes. The leading
78 hypothesis for the cause of the North Atlantic temperature anomalies invokes changes in
79 ocean circulation and ocean heat transport (Delworth et al., 2007). Atlantic meridional

80 overturning circulation (AMOC), transports heat from the southern hemisphere to the
81 northern hemisphere, driving hemispheric surface temperature anomalies (Vellinga and
82 Wu, 2004). AMOC includes a warm, salty northward flowing surface circulation that
83 moves along with the wind-driven surface currents, including the Gulf Stream. This
84 surface flow replaces water at higher latitudes that cools, loses buoyancy, and sinks to
85 depth in the North Atlantic. The cold deep water moves southward in a deep western
86 boundary current, contributing to the net northward heat flow. AMOC is likely not the
87 only process affecting North Atlantic sea surface temperature (SST) on these time-scales,
88 but it has the potential to be a primary driver (Zhang et al., 2007). Evidence for the link
89 between AMOC and AMO is primarily from modeling experiments (e.g., Knight et al.,
90 2005), because the required long-term ocean circulation observations have only begun to
91 be collected in recent years (Johns et al., 2010; Kanzow et al., 2010). Correlations
92 between AMO and changes in water masses thought to be associated with AMOC
93 provide circumstantial evidence for a connection between overturning circulation and
94 AMO during recent decades (Kilbourne et al., 2007; Zhang et al., 2011), though the
95 uncertainty inherent in the analyses leaves room for alternative explanations.

96 A major stumbling block for exploring the causes of the AMO is the relatively
97 short length of instrumental records compared to the time-scale of the phenomenon.
98 (Johns et al., 2010). The global SST record only goes back about 160 years, representing
99 a little over two oscillations between negative and positive phases. Direct ocean
100 circulation observations targeting AMOC from programs such as the RAPID-MOCA
101 observation array have only been made for a few years (Johns et al., 2010). Such short
102 record lengths make it difficult to determine the frequency of oscillatory cycles and to

103 fully characterize the related processes. Thus, the name Atlantic Multidecadal
104 Oscillation may be a misnomer because there is not enough evidence that the
105 phenomenon is oscillatory with such a short instrumental record (Vincze and Janosi,
106 2011). Many authors describe the phenomenon as Atlantic Multidecadal Variability
107 (AMV) instead of AMO; though for consistency with other papers in this volume we will
108 continue using AMO in this paper.

109 Natural records of climate variability, known as paleoclimate proxies can
110 supplement existing instrument-based observations to extend our records of climate to
111 earlier periods. This paper describes recent contributions of paleoclimate work to our
112 understanding of the AMO and highlights open questions. An analysis of existing data
113 demonstrates the hurdles we still need to overcome and provides guidance for future
114 research .

115

116 **2. Summary of the paleoclimate literature addressing the AMO**

117 The scientifically diverse audience for this paper warrants a brief explanation of
118 paleoclimate data before delving into the nature of the AMO as evidenced in
119 paleoclimate data. Climate-system processes leave traces in natural archives such as
120 marine and lake sediments, shells of marine organisms, glacial ice, and cave deposits.
121 Different chemical, biological, and physical variables measured in these natural archives
122 provide many types of information including ocean and air temperature, relative
123 precipitation amounts, and changes in ocean circulation patterns. The chemical,
124 biological and physical variables measured in natural archives are often referred to as

125 “proxies” because they provide information in proxy to direct measurements of climate
126 variables.

127 Paleoclimate proxy data has its advantages and disadvantages, like any other kind
128 of data. The primary reason we use paleoclimate proxies is that they give us the ability to
129 look back in time and extend our knowledge of Earth’s systems to before we were widely
130 recording measurements. One major advantage of paleoclimate data in relatively recent
131 samples is that the recording process only change on evolutionary and geologic
132 timescales, unlike instrumental data where observation methods shift through time and
133 can cause increased uncertainty in identifying long-term processes. A challenge of
134 paleoclimate data is limited spatial and temporal resolution. Each archive is sensitive to
135 specific climate variables (e.g., temperature, salinity, water mass mixing), has a specific
136 spatial distribution (e.g., tropics, high altitudes, mid-latitudes) and has a characteristic
137 time domain (e.g., summer only temperatures, interannual resolution, 100-300 year
138 length), limiting the spatial and temporal resolution of some types of information.
139 Another challenge is that paleoclimate proxies are not perfect recorders of climate
140 variables and it is important to acknowledge and address the uncertainties in the records
141 during interpretation.

142 Like direct measurements of the climate system, local, synoptic variations can
143 impact variations at any given site, but the relatively broad spatial and temporal
144 correlation of ocean and atmospheric variations can be utilized to represent larger-scale
145 processes. Just like the atmospheric pressure difference between Tahiti and Darwin,
146 Australia represents the Southern Oscillation in the climate system, well-placed proxy

147 measurements can be used to reconstruct specific climate processes such as the El Niño-
148 Southern Oscillation, or in the case of this paper, the AMO.

149 One of the most common methods of reconstructing past temperatures is by
150 determining the oxygen isotopic composition in biogenic CaCO₃, a method that was first
151 proposed by Harold Urey (1947). The oxygen isotopic composition of inorganic CaCO₃
152 precipitated in equilibrium is a function of both the temperature of precipitation and the
153 isotopic composition of the water from which it precipitates. Some organisms, including
154 sclerosponges and foraminifera (Druffel and Benavides, 1986; Erez and Luz, 1983)
155 precipitate their skeleton at or close to isotopic equilibrium with the surrounding seawater
156 and behave similarly to inorganic CaCO₃ (Druffel and Benavides, 1986; Erez and Luz,
157 1983). Other organisms, such as corals have an isotopic composition with a mean offset
158 from equilibrium but the skeletal isotopic *variations* respond to temperature and water
159 isotopic composition just like the organisms that precipitate in equilibrium with the water
160 (Weber and Woodhead, 1972). Isotope data is reported in delta notation, which expresses
161 the isotopic ratio (¹⁸O/¹⁶O) in a sample (R_{smp}) relative to the isotopic ratio of a standard
162 (R_{std}). It is defined by the following equation.

163
$$\delta^{18}O = 1000 \times \frac{R_{std} - R_{smp}}{R_{std}}$$

164 Empirical and experimental equations have been determined that quantify the
165 relationship between the three variables, temperature, water isotopic composition and
166 carbonate isotopic composition for different taxonomic groups included in this study
167 [e.g., *Erez and Luz*, 1983; *Leder et al.*, 1996; *Brad E. Rosenheim et al.*, 2009]. Seawater
168 oxygen isotopic composition is primarily determined by salinity in the tropics over recent
169 centuries, but water mass changes and global ice volume contribute over geologic

170 timescales. Oxygen isotopic data alone provide a convolved signal of temperature and
171 water isotopic composition that can be de-convolved with an independent measure of
172 temperature or water oxygen isotopic composition.

173 An independent method of determining temperature using CaCO_3 involves
174 measuring Sr/Ca or Mg/Ca ratios in biogenic carbonates. These elements tend to
175 substitute for the Ca in CaCO_3 , with a distribution coefficient between the water and the
176 mineral that is a function of temperature (Beck et al., 1992; Rosenthal et al., 1997). The
177 distribution coefficient in this case is defined as the ratio of the Sr/Ca molar ratio in the
178 aragonite (Sr/Ca_A) to the Sr/Ca molar ratio in the liquid (Sr/Ca_L):

179
$$D = \frac{\text{Sr}/\text{Ca}_A}{\text{Sr}/\text{Ca}_L}$$
 after equation (1) in (Kinsman and Holland, 1969).

180 The concentration of the elements in seawater is also important as the above equation
181 makes clear, but is usually assumed to be constant for conservative elements with long
182 residence times in the open ocean such as Mg and Sr. Although this is the traditional
183 view of Mg and Sr, some variations in seawater Sr/Ca exist (de Villiers, 1999) and this
184 could be a source of significant error in some records. CaCO_3 has two common mineral
185 forms at Earth's surface temperature and pressure, aragonite and calcite. The signal to
186 noise ratio tends to be best for Sr/Ca in aragonitic corals and sclerosponges, whereas
187 Mg/Ca is used for paleotemperature reconstructions from calcitic foraminifera.
188 Empirical calibration studies provide the quantitative relationships between CaCO_3
189 element/Ca ratios and temperature (e.g., Rosenheim et al., 2005; Rosenthal et al., 1997;
190 Swart et al., 2002). The rest of this section highlights recent contributions of paleoclimate
191 work using these proxies to our understanding of the AMO.

192 A major focus of recent paleoclimate work on multidecadal timescales has been to
193 generate paleoclimate/paleoceanographic records with enough length and time-resolution
194 to robustly capture multidecadal-scale signals and use those records to characterize past
195 behavior of the AMO. One of the early attempts to characterize multidecadal variability
196 in paleoclimate data was Delworth and Mann (2000). These authors used the 5th
197 eigenvector of a multi-proxy global climate reconstruction to demonstrate that the climate
198 system has a concentration of variance with a time scale of about 70 years. Furthermore,
199 they demonstrated that the spatial patterns of the observations were similar to those found
200 associated with thermohaline circulation variability in multiple versions of the GFDL
201 coupled ocean-atmosphere model. Acknowledging the need for more data and improved
202 modeling work, Delworth and Mann (2000) laid out a framework that has guided many
203 paleoclimate studies on multidecadal climate variability in the intervening time.

204 One null hypothesis and two competing alternative hypotheses tend to drive the
205 paleoclimate discussion since the Delworth and Mann (2000) paper. The null hypothesis
206 is that multidecadal variability in the climate system is simply random low frequency
207 behavior (red noise), likely caused by the slow response of the ocean to higher frequency
208 atmospheric noise. The first alternative hypothesis is that the multidecadal signal in the
209 climate system is forced by some external factor such as volcanoes, anthropogenic
210 aerosols or changes in solar irradiance. The second alternative hypothesis is that the
211 climate system has an inherent internal mode of variability, like the El Niño-Southern
212 Oscillation, with a concentration of variance at a characteristic time scale of multiple
213 decades. Either of the two alternative hypotheses indicate that there can be a mechanistic

214 understanding of the process causing such climate fluctuations and therefore this is a
215 predictable process.

216 What do the data indicate? Many high-resolution (<10 years per sample)
217 paleoclimate studies have produced data that correlate to the modern AMO during the
218 20th century (e.g., Hetzinger et al., 2008; Moses et al., 2006). Fewer extend before the
219 instrumental period, although several studies have found substantial multidecadal
220 variability in different types of paleoclimate data from various locations back to at least
221 1750 (Black et al., 2007; Delworth and Mann, 2000; Gray et al., 2004; Haase-Schramm
222 et al., 2003; Kilbourne et al., 2008; Knudsen et al., 2011; Saenger et al., 2009). An
223 important caveat to the findings in these papers is that they explore a process that is
224 defined as a northern hemisphere Atlantic sea surface temperature anomaly, whereas
225 none of them reconstruct hemispheric sea surface temperature anomalies. Instead, they
226 rely on reconstructing local variables (such as temperature) that are linked to larger scale
227 processes such as the AMO during the recent period. Some of the studies rely heavily on
228 northern hemisphere tree ring records which record temperature and/or precipitation over
229 land (e.g., Delworth and Mann, 2000; Gray et al., 2004), while other records represent
230 mostly hydrologic variability on decadal time scales (Kilbourne et al., 2008; Knudsen et
231 al., 2011). The records with the strongest link to hemispheric SST anomalies are paleo-
232 SST records from locations that are spatially correlated to a broader region of the North
233 Atlantic (Black et al., 2007; Saenger et al., 2009) but even those records have caveats
234 about the potential for local/regional processes to influence the conclusions about
235 hemisphere-wide phenomena.

236 Recognizing that much of the existing paleoclimate data are not necessarily
237 describing hemisphere-wide multidecadal *SST anomalies*, one can still learn something
238 about multidecadal-scale *climate* variability from the data. The longer records tend to see
239 weaker multidecadal signals and stronger centennial-scale signals before 1750 (Black et
240 al., 2007; Gray et al., 2004; Saenger et al., 2009), leading Saenger et al. (2009) to
241 conclude that multidecadal climate variability is not a persistent feature of the climate
242 system before about 1730AD.

243 To test the persistence of strong multidecadal variability in the climate system,
244 Knudson et al. (2011) gathered the few existing high temporal resolution (<25years)
245 proxy records spanning the last 8000 years. They found a quasi-persistent 55-70 year
246 signal in each record, concluding that the AMO is a regular, but intermittent, feature
247 throughout most of the Holocene (the geologic period that started 10,000 years ago),
248 consistent with the conclusion made by Saenger et al., (2009). The long lengths of the
249 records contribute to small error bars and a compelling case. However, the fact that
250 multiple proxies representing a variety of climate system variables and processes were
251 used in this study keeps this from being a definitive study of Atlantic SST variability.
252 Additionally, it is difficult to say from their analysis if the intermittent signal is real, or if
253 the significant spectral peaks are among the 5% of spurious peaks expected for an
254 analysis that sets a 95% confidence level. Further statistical and spectral analysis of the
255 data could help differentiate between these possibilities.

256 Although these studies do not overwhelmingly support one or the other alternative
257 hypotheses, the majority of these studies effectively conclude that the null hypothesis can
258 be rejected; the climate system naturally has a concentration of variance at multidecadal

259 scales that is larger than expected from a red-noise background, at least since the mid
260 1700s. If we can reject the null hypothesis, the alternative hypotheses must be considered
261 and authors of previous papers have argued for both alternative hypotheses.

262 Several studies point out the potential for external factors such as volcanic ash,
263 anthropogenic aerosols and solar variability to have caused multidecadal SST fluctuations
264 in the Atlantic (e.g., Booth et al., 2012; Mann and Emanuel, 2006; Ottera et al., 2010).
265 However, the proposition that solar variations are a major contributor to multidecadal
266 variability is not supported by long paleoclimate records (Knudsen et al., 2011). Aerosol
267 and volcanic forcing are widely acknowledged as contributing to recent multidecadal
268 variability, but some contribution from ocean forcing also seems likely (Ting et al., 2009;
269 Zhang et al., 2007).

270 By far the most well supported alternative hypothesis is that multidecadal
271 temperature variations are, at least in part, an intrinsic feature of the ocean-atmosphere
272 system. Many general circulation models (GCMs) contain intrinsic North Atlantic
273 temperature fluctuations that can be linked to AMOC (e.g., Delworth et al., 1993;
274 Timmermann et al., 1998; Vellinga and Wu, 2004). The strongest evidence lies in studies
275 such as Delworth and Mann (2000) and Delworth et al., (2007), which demonstrate that
276 the observed patterns of climate variability in paleoclimate proxy data are similar to the
277 patterns caused by AMOC perturbations in models. However, the mechanism for AMOC
278 variation on multidecadal to centennial timescales differs between models and even
279 versions of the same model (Danabasoglu, 2008) and the paleoclimate data to our
280 knowledge has not yet yielded evidence in support of one or the other mechanism.
281 Future research linking paleoclimate data with proposed mechanisms based on model

282 experiments could yield progress in our understanding of the AMO and its connections to
283 AMOC.

284

285 **3. Evidence for a link between AMOC and surface temperature**

286 Evidence of a link between ocean circulation changes and hemispheric
287 temperature anomalies on multidecadal time scales is still circumstantial. One area of
288 focus has been to identify the amount of equatorial water brought into the Caribbean in
289 the North Brazil Current (NBC) and its eddies, because the NBC is a primary conduit for
290 surface water transport between the northern and southern hemispheres. Kilbourne et al.
291 (2007; 2008) used coral radiocarbon as an ocean water-mass tracer to document a shift in
292 the amount of equatorial water entering the Caribbean in the 1970s that coincided with a
293 switch from warming to cooling temperature anomalies in the AMO. More recently, five
294 decades of NBC transport observations have been compiled from shorter physical
295 oceanographic studies (Zhang et al., 2011). The results show a significant correlation to
296 Labrador Sea Water thickness, thought to be related to AMOC strength, and a significant
297 correlation (at zero lag) with the AMO index (Enfield et al., 2001), providing further
298 observational evidence of a link between the AMO and AMOC.

299 Paleoclimate research has amassed significant evidence of a connection between
300 deep-ocean overturning in the northern North Atlantic and hemispheric temperature
301 anomalies over centennial to millennial timescales (Stanford et al., 2011). Several past
302 climate events have been blamed on a shutdown or slowdown of AMOC. The most
303 recent event is the Little Ice Age (~1450-1850 C.E.), which was recently linked to
304 reduced AMOC due to ice sheet expansion caused by volcanism (Miller et al., 2012;

305 Zhong et al., 2011). According to this hypothesis, volcanic aerosols reduced
306 temperatures and caused ice sheet expansion, which limited air-sea heat exchange and
307 diminished high latitude deep ocean convection. It should be noted that this is only one
308 hypothesis and that other mechanisms for the Little Ice Age have been proposed.

309 Evidence from marine sediment cores and ice cores of abrupt cooling events over
310 the last glacial and deglacial period led to the proposition that these millennial-scale
311 events were caused by changes in the amount of meridional overturning circulation
312 (Broecker and Denton, 1989). This premise has held up as a cause of several events in
313 the geologic record through much investigation and the development of new proxies for
314 ocean circulation (Austin et al., 2011; Boyle and Keigwin, 1987; Broecker and Denton,
315 1989; McManus et al., 2004; Murton et al., 2010).

316 **4. Low-latitude AMO synthesis**

317 4.1 Introduction to the synthesis

318 Refining our picture of past the AMO behavior requires the generation of long,
319 high-resolution paleo-SST records that can be synthesized into a time series analogous to
320 the modern AMO index of Enfield (2001). A multi-site reconstruction with records from
321 both high and low latitudes ensures that both centers of action are included while
322 avoiding undue influence from local processes at any single site. Obtaining enough
323 records for separate low and high latitude networks is key because the signals may not be
324 forced by the same dynamics {Ting, 2009 #1215}.

325 A network of records will provide the best possible picture of past the AMO and
326 it is worth considering the specific characteristics required of those records for successful
327 the AMO reconstruction. Heslop and Paul (2011) suggested that annually resolved

328 proxies are required to achieve a high enough signal to noise ratio. However, they only
329 considered signal to noise ratios of single records that get averaged over time, not spatial
330 networks of records that can be averaged over both space and time. Spatial averaging
331 similarly increases the signal to noise ratio and does not require records with such high
332 temporal resolution. Paleoclimate records longer than 420 years ensure a minimum of 6
333 repetitions of a 70-year oscillation, enough to identify the multidecadal band robustly out
334 of the noise in the system, but longer records are needed to explore the interaction of the
335 AMO with centennial and longer-scale climate variability. Sample sites located in North
336 Atlantic regions that are highly correlated with the modern-day AMO index (Enfield et
337 al., 2001) provide reconstructions that have a high likelihood of representing the AMO-
338 related processes. Long, annually-resolved SST reconstructions from the high latitude
339 Atlantic are still unavailable to our knowledge, though several records are in progress. In
340 the meantime, it is useful to explore a low latitude perspective of the AMO where we
341 have a few high resolution, multi-century paleoclimate data sets.

342 The following is an analysis of multidecadal variability in the existing high-
343 resolution, low latitude paleoclimate proxies. A focus on the low latitudes is justified for
344 two reasons. The first is that tropical SST anomalies are critical to tropical storm
345 frequency, with increased tropical SST associated with more tropical cyclones
346 (Goldenberg et al., 2001). Low latitude SST is only one of many possible drivers of
347 hurricane activity, so a tropical Atlantic SST reconstruction would be valuable for
348 comparing to reconstructions of hurricane frequency from the Atlantic basin (e.g.,
349 Donnelly, 2005; Donnelly and Woodruff, 2007; Woodruff et al., 2008). A second reason
350 a tropical focus is of interest is that although SST observations and reanalysis data

351 indicate a strong the AMO signal in the tropics (see Alexander et al., (2012)), climate
352 modeling efforts indicate that the low and high latitude North Atlantic may not be equally
353 involved in multidecadal variability (Ting et al., 2011). It is unclear if this difference is a
354 deficiency of the models or if it applies to the real world (Alexander et al., 2012).
355 Independent SST constructions from high and low latitudes could lend support to one of
356 these perspectives.

357

358 4.2 Methods

359 NOAA's World Data Center for Paleoclimatology and the Pangaea databases
360 were mined for high-resolution (≤ 5 years/sample) SST-related proxy data in the tropical
361 North Atlantic (latitude 0° - 22° N) that extend the instrumental record (earliest date before
362 1880). We chose a slightly lower resolution than the recommended annual resolution
363 (Heslop and Paul, 2011) in order to include more data. Several high-resolution SST
364 reconstructions in the Atlantic come from Florida, Bermuda and the Bahamas which lie
365 north of the 22° latitude delineation. We intentionally excluded these records because the
366 SSTs in those regions are not part of the center of action for AMO (see figure 2 in
367 (Goldenberg et al., 2001)).

368 Six records from four sites met the criteria (Table 1, Figure 1), sclerosponge
369 Sr/Ca and $\delta^{18}\text{O}$ records from just south of Jamaica (Haase-Schramm et al., 2003), a
370 foraminiferal Mg/Ca record from the Cariaco Basin (Black et al., 2007), coral Sr/Ca and
371 $\delta^{18}\text{O}$ records from Puerto Rico (Kilbourne et al., 2008), and a coral growth record from
372 the Yucatan peninsula (Vásquez-Bedoya et al., 2012). The coral record from Puerto Rico
373 is supplemented with new data from the same site from an older coral (manuscript in

374 preparation by K. H. Kilbourne) and both data sets supersede the previously published,
375 much shorter, paleoclimate records from this site (Watanabe et al., 2002; Winter et al.,
376 2000).

377 Each geochemistry record was converted to temperature using a proxy-specific
378 calibration, two of which were based on a local calibration with the proxy data during the
379 instrumental period and four of which were based on species-specific calibrations done
380 elsewhere that is independent from the proxy data used in the reconstruction. The
381 foraminiferal Mg/Ca and the coral growth records were converted to temperature using
382 the author's calibration of the data to instrumental temperature. The calibrations for the
383 sclerosponge came from Rosenheim et al., (2005), whereas the calibrations for the coral
384 Sr/Ca and $\delta^{18}\text{O}$ records came from Swart et al., (2002), and Leder et al., {, 1996 #262}
385 respectively. The successful application of an independent calibration equation to another
386 dataset demonstrates that the reconstructed climate signal is not just based on fitting the
387 modern data, but is based on relatively well-understood, reproducible processes that
388 cause climate information to be recorded in natural archives. Unlike many multi-proxy
389 reconstructions, we first turned the proxy variables into temperature units, thus
390 eliminating the need to normalize the data by the standard deviations to keep the units
391 comparable and enabling us to treat the proxy data as if it were instrumental temperature
392 data.

393 Monthly instrumental temperature anomaly data from the ERSST3b (Smith et al.,
394 2008) provided an instrumental comparison for our proxy data. Data were obtained from
395 the grid-box that contained each site.

396 Both the proxy and the instrumental SST records were treated essentially the same
397 way. The temperature anomalies relative to the 20th C mean from each site were
398 degraded to 5-year resolution by integrative interpolation where each point represents the
399 series mean between two midpoints using the software package Analyseries (Paillard et
400 al., 1996). The individual 5-year resolution records were averaged to create two
401 composite Caribbean SSTA records, one proxy and one instrumental. The proxy
402 reconstruction spans 1225 to 2000, but 1225-1355 consists of only one record and the
403 reconstruction is most robust 1470-1990, the period of overlap between at least three of
404 the records.

405 The analysis of the proxy records differed from that of the instrumental data in the
406 following ways. The temperature estimates from Sr/Ca and $\delta^{18}\text{O}$ in the coral and
407 sclerosponge records were averaged into a site-specific temperature estimate because
408 both proxies are temperature dependent and we did not want to overweight these two
409 sites when averaging all the data together. Using $\delta^{18}\text{O}$ as a temperature proxy implicitly
410 includes any salinity-driven $\delta^{18}\text{O}$ signal into the temperature estimate but in the tropics
411 warmer conditions are more often than not associated with wetter conditions and the
412 direction of the $\delta^{18}\text{O}$ anomaly is the same in both instances, so the signal from a
413 temperature anomaly thus magnified and the signal/noise ratio is improved.

414 For the discontinuous Puerto Rico coral record, the gap between the two corals
415 was filled with a value equal to the average of the 10 years of data on either side of gap
416 (N=20) before the temporal resolution was reduced. The gap impacts the spectral
417 analysis of Puerto Rico coral data alone by increasing the power at centennial scales
418 slightly, but there is little impact on multi-decadal frequencies (Kilbourne, 2010). Filling

419 the gap with the mean reduces the impact on multidecadal scales and the composite
420 record is even more robust to the influence of the gap.

421 We iterated the primary proxy reconstruction in two ways to test the robustness of
422 the reconstruction. First we left out the results from a single site in iterative
423 reconstructions to test the dependence of the signal on any particular location. Next we
424 left out individual records, for instance leaving out the coral Sr/Ca record from Puerto
425 Rico, but leaving in the $\delta^{18}\text{O}$ record from Puerto Rico to test the dependence on any
426 particular proxy record. The variance of these 7 record-dependence iterations was greater
427 than for the 5 site-dependence iterations, so we use the former in subsequent time-series
428 analysis.

429 An analysis of the 7 reconstruction iterations in frequency space illuminated the
430 periods of significant variance over the years 1360-2000 (the length of the reconstruction
431 with ≥ 2 records forming the reconstruction). The centennial signal had to be removed
432 before higher frequency variability could be investigated, much as a trend must be
433 removed from shorter time series because of the potential for contamination via spectral
434 leakage from the low frequencies to higher frequencies inherent in spectral analysis of
435 finite length records, especially when the time series are short relative to the frequency of
436 interest. These data will be referred to in this text as the de-trended data. The first
437 principal component of a Singular Spectral Analysis (SSA, (Ghil et al., 2002)) of the SST
438 anomaly reconstruction provided an estimate of the long-term variations to be removed
439 and was subtracted from the original reconstruction. SSA is a method of decomposing a
440 time-series into its primary modes of variability, in mathematically the same way that a
441 spatial data set is decomposed into spatial Empirical Orthogonal Functions (EOFs).

442 Next, a multi-taper spectral analysis was performed on all 7 reconstruction
443 iterations using the software Spectra (Ghil et al., 2002) with a bandwidth parameter of 2
444 ($p=2$) and 3 tapers ($\text{tapers}=K=2*p-1$). Three tapers reduce the variance of the spectral
445 estimate (the error bars on the spectrum) at a specific frequency by 3 fold compared a
446 traditional Blackman Tukey analysis (Ghil et al., 2002) and the bandwidth parameter
447 chosen here results in a spectral resolution of ± 0.003 cycles/year. In other words, the
448 spectral power at 0.016 cycles/year (59.9 years/cycle) averages the power between 0.019
449 cycles/year and 0.013 cycles/year (52.6 and 76.9 year periods). Changing the p and k
450 parameters would impact the error bars on both power and frequency, but do not change
451 the general results of the spectral peaks.

452 In order to test the robustness of the significant peaks from the first MTM
453 analysis, a new SSA was calculated on the de-trended primary reconstruction with all of
454 the proxy data and the first 8 principal components were used to reconstruct a new time
455 series that contains most of the variance from the original data. A second, similar MTM
456 analysis was conducted on the reconstructed series (again $p=2$, $K=3$). This SSA-MTM
457 process is a good check that the peaks found in the original MTM analysis are valid
458 because the reconstructed series has a different noise spectrum and therefore different
459 spurious peaks (Penland et al., 1991). All spectral analyses were tested against a first
460 autoregressive (AR-1) red noise model.

461 Repeating the MTM analysis on the primary reconstruction for the years 1460-
462 1850 provided a test of dependence of the results on the strong multidecadal variability
463 during the 20th century.

464

465 **5. Results**

466 The Caribbean proxy SST anomaly record reproduces the modern regional SST
467 anomaly over the years 1860-2000 with a standard error of $\pm 0.34^{\circ}\text{C}$. The decadal-scale
468 variability of SST in this region as measured by the standard deviation of the 5-year
469 average instrumental SST anomaly data used in the calibration is 0.44°C . The two series
470 are significantly correlated ($r=0.66$) and the proxy data visually matches the regional SST
471 composite over the period of overlap with a few years of exception (Figure 2). The
472 reconstruction is also correlated ($r= 0.66$) to the AMO index of Enfield (2001),
473 explaining 44% of the variance in that record, which is comparable to the correlation
474 between the AMO and the regional SST composite ($r=0.76$, 58% variance explained).
475 The correlation of the de-trended proxy and de-trended AMO index gives a measure of
476 the ability of the proxy reconstruction to reproduce Atlantic multidecadal signals alone
477 and that correlation is strong as well ($r=0.55$, 30% variance explained). These correlation
478 coefficient values are comparable to good tree ring reconstructions, with the proxy
479 reconstruction capturing 30-44% of the variance in the instrumental record, depending on
480 which data are being compared.

481 A strong centennial-scale signal is visible in the SST anomaly reconstruction
482 associated with the Medieval Climate Anomaly, Little Ice Age and modern warming
483 trend (Figure 3). The warmest temperatures during the earliest period (1225-1355 C.E.)
484 should not be considered representative of the Caribbean as a whole because the data are
485 purely from the Cariaco Basin, a location which saw a lower magnitude of centennial
486 variability compared with the northern Caribbean records. The latter are consistent with

487 centennial variability in subtropical records from the Gulf of Mexico (Richey et al.,
488 2007).

489 Spectral analysis of the de-trended Caribbean SST anomaly reconstruction
490 contained 3 significant peaks that were above a 95% confidence level relative to a red-
491 noise background (Figure 4). The results were similar for all of the reconstruction
492 iterations, and for the pre-20th century reconstruction. Similar peaks were found in MTM
493 analyses using the un-altered temperature reconstruction and the de-trended temperature
494 reconstruction (Table 2). The only peak that exceeded the 95% confidence limit in both
495 the MTM and the SSA-MTM analyses on the de-trended data is centered at a period of 60
496 years, indicating that the Caribbean climate system has had a concentration of variance in
497 the multidecadal band since at least 1360.

498 **6. Discussion**

499 The 520-year, multi-proxy record is sufficient to have good confidence in the
500 identification of a 60-year period signal. These results are exciting because we
501 demonstrate significant multidecadal SST variability over many centuries using a
502 regional composite record from six different proxy types in four different locations with
503 independent proxy-specific calibrations. Unlike results from studies that are dependent
504 on a single location and a single proxy, using a network of marine proxies theoretically
505 reduces the non-climatic and local climate noise inherent in individual records and gives
506 us much more confidence in the results compared to single-record reconstructions.
507 Additionally, these results are from marine temperature proxies being used to reconstruct
508 ocean temperature, located in a region that directly responds to the AMO, unlike some
509 studies that have used non-marine archives to attempt to reconstruct the AMO.

510 Comparison of our Caribbean SST results with reconstructions of the AMO
511 illustrates that much more work is needed before we have a consensus view of the past
512 behavior of the AMO. Only two AMO reconstructions are available for comparison at
513 National Ocean and Atmospheric Administration's World Data Center for Paleoclimate
514 database (Gray et al., 2004; Mann et al., 2009). Both the AMO reconstructions rely
515 heavily on mid-latitude tree-ring data and neither has a focus on marine temperature
516 proxies, the obvious choice if one is trying to reconstruct ocean temperature variability.
517 Both the Gray et al (2004) and Caribbean SST records are significantly correlated to the
518 AMO index over the instrumental period, though they are not significantly correlated to
519 each other (Table 3). It is impossible to compare the Mann et al., (2009) the AMO
520 reconstruction with these records during the instrumental period because the authors
521 chose to provide a reconstruction only pre-1850. However the climate field
522 reconstruction from which this record is derived has significant skill over much of the
523 North Atlantic (Mann et al., 2009).

524 Despite the similarities during the instrumental period, all three records are quite
525 different during the pre-instrumental era (Table 4, Figure 5). Why might this be? The
526 most likely culprit is a lack of available well-dated, high-resolution marine proxy
527 temperature records. The Grey et al., [2004] dataset includes no marine records and
528 although SSTs do influence continental temperatures, it is possible that much of the
529 signal in that record represents substantial influence of other climate processes. The
530 climate field reconstruction of Mann et al., [2009] is limited by the number and spatial
531 location of data sets available, which makes the number of spatial degrees of freedom
532 low and artificially makes the AMO and PDO reconstructions similar (Mann et al., 2009).

533 The Caribbean SST reconstruction presented here is only representative of one region
534 within the whole North Atlantic and thus misses the mid- and high-latitude component of
535 the Atlantic SST signal. Each of the records has their own strengths and weaknesses but
536 none are likely to represent the actual history of the northern hemisphere SST anomalies
537 that are often used to define the AMO. However, the present analysis provides a tropical
538 perspective that can be compared with regional perspectives from mid to high latitude
539 Atlantic records to provide greater insight into multidecadal temperature variability in the
540 Atlantic and thus AMO. A concerted effort to increase the number of high resolution SST
541 proxies available will enable future studies to make more robust estimates of the AMO
542 past behavior.

543 Future work must expand the Caribbean SST reconstruction both temporally and
544 spatially into a truly hemisphere-wide SST reconstruction. Long records are usually
545 lower resolution, but longer records can also give better spectral resolution because the
546 Fourier Frequency ($1/T$, where T =record length) is smaller and there are more repetitions
547 of a cycle, so that one can confidently identify frequencies closer to the Nyquist
548 frequency ($1/2\Delta t$, where Δt is the time resolution of the record). A novel method of
549 increasing the length and resolution of reconstructed SST data is proxy-to-proxy
550 calibration that quantifies the relationship between a direct, but usually time consuming
551 and expensive SST proxy (such as alkenone unsaturation index U_{37}^K) and a less
552 expensive, higher resolution data type such as x-ray fluorescence scans or in-situ
553 reflectance spectroscopy (von Gunten et al., 2012). Networks of decadal-scale data (not
554 multi-decadal, because that is too close to the Nyquist frequency) spanning a few

555 thousand years could be very valuable to complement the higher resolution data, as long
556 as we are careful to use only SST proxies to reconstruct an SST-related phenomenon.

557 The modern AMO index is defined as a sea surface temperature signal integrated
558 over the North Atlantic basin, so it is appropriate to similarly combine proxy records
559 from a spatial network into one time series to get a reconstruction of the AMO (Mann et
560 al., 2009). Examples of ocean paleotemperature proxies with consistently high temporal
561 resolution include foraminiferal geochemistry from laminated sediments and growth rates
562 or geochemistry from corals (Jones et al., 2009), long-lived pelecypods (Wanamaker et
563 al., 2008), and coralline algae (Halfar et al., 2009). These proxies provide opportunity to
564 create a multi-proxy marine network with a wide latitudinal distribution because massive
565 reef-building corals are found at low latitudes whereas long-lived pelecypods and
566 massive coralline algae tend to be found at higher latitudes and sediment cores can be
567 taken at all latitudes. Focusing only on marine temperature proxies will generate data
568 that directly reconstruct the process of interest (SST variability), steering clear of signals
569 from other climate variables and the teleconnections that may have changed over time.

570 Once a hemispheric SST history is established, spatial reconstructions such as
571 Evans et al (2002) and Mann et al., (2009) will be important to explore the coherence of
572 high and low latitude signals and to help diagnose the processes involved in the real-
573 world variability. Higher resolution spatial and temporal reconstructions paired with
574 other key paleoceanographic and paleoclimatic data will help us eventually diagnose
575 which of the many proposed model-based processes dominate the actual driving factors
576 of multidecadal variability in the Atlantic.

577

578 **7. Conclusions**

579 Two main conclusions can be drawn from the literature reviewed and the data
580 presented. The first is that multidecadal climate variability observed in paleoclimate data
581 from many studies at least sporadically exceeds a red-noise background. Secondly, the
582 data are sparse but the data we have right now for the Caribbean indicates a concentration
583 of variance centered on a 60yr period that exceeds the red noise background since the
584 mid 1300s. A synthesis of existing ocean temperature reconstructions is needed in the
585 future with both high and low-latitude records to establish the common hemispheric SST
586 signal.

587

588

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594 .

595 **8. Table and Figure Captions**

596 Table 1: Tropical Atlantic SST proxy records with ≤ 5 year resolution that begin before
597 1880 C.E. from NOAA's World Data Center for Paleoclimatology and the Pangea open
598 access data library.

599

600 Table 2: Periods associated with significant spectral peaks in the Caribbean
601 reconstructed SST record. Associated confidence level exceeded is noted in parentheses.

602

603 Table 3: Pearson's correlation coefficients (r), between variables representing
604 multidecadal SST signals during the instrumental era (1990-1860). Significant r -values
605 are in bold as tested against 1 independent data point per decade of data.

606

607 Table 4: Pearson's correlation coefficients (r), between variables representing
608 multidecadal SST signals during the pre-instrumental era (1855-1570). Significant r -
609 values are in bold as tested against 1 independent data point per decade of data.

610

611

612

613 Figure 1: Raw paleoclimate data used in the Caribbean SST reconstruction. B)
614 Sclerosponge Sr/Ca-based and $\delta^{18}\text{O}$ -based temperature anomalies from Jamaica (Haase-
615 Schramm et al., 2003) using the calibration equation of Rosenheim et al. (2004). C)
616 Cariaco basin foraminiferal Mg/Ca-based temperature reconstruction (Black et al., 2007).
617 D) Puerto Rico coral $\delta^{18}\text{O}$ -based and Sr/Ca-based temperature reconstructions, data from
618 (Kilbourne et al., 2008) and Kilbourne un-published data. The $\delta^{18}\text{O}$ records from both
619 the sclerosponge and coral may include significant contribution from regional salinity
620 variability.

621

622 Figure 2: Comparison of reconstructed temperature as an average of the SST proxies
623 from the Caribbean (Proxy Carib Average, bold line) with averaged instrumental
624 temperature (Caribbean Average, dashed line) from grid boxes nearest the proxy sample
625 sites.

626

627 Figure 3: Caribbean SST anomaly reconstructions from the proxy records in Figure 1.
628 First (dark grey) and second (light grey) standard error envelope is based on the standard
629 error of regression between the reconstructed SST (black line) and instrumental SST
630 (dashed line) during the most recent era. The first principal component (white line) is
631 used to de-trend the data for time series analysis. The leave-one-out proxy reconstruction
632 iterations from both the site-specific test and the record-specific test are shown (dotted
633 grey lines). The instrumental Caribbean average dataset is the average of the ERSST data

634 (Smith et al., 2008) from the grid boxes nearest the proxy sites, (68°W, 18°N; 80°W,
635 18°N; 65°W, 12°N).

636

637 Figure 4: Multi-taper method power spectra of the de-trended reconstructed Caribbean
638 SST based on sclerosponge, foraminifera and coral proxies for the periods 1360-2000AD
639 (black) and 1460-1850 (grey). The thin curves in black and grey indicate the 95%
640 confidence level based on an AR-1 red noise model for each spectrum respectively. Note
641 the variance conserving log-log plot has the feature that equal areas under the curve
642 represent equal amounts of variance. The strongest peaks are centered at a ~60yr period
643 for each time period.

644

645 Figure 5: Proxy reconstructions of Atlantic multidecadal variability correlate to
646 instrumental records of SST anomalies during the modern period, but do not show
647 coherent multidecadal-scale variability during the pre-instrumental period. All data sets
648 were normalized by their z-scores and are in standard deviation units. The instrumental
649 Caribbean average dataset is the average of the ERSST data (Smith et al., 2008) from the
650 grid boxes nearest the proxy sites, (68°W, 18°N; 80°W, 18°N; 65°W, 12°N). The grey
651 bars represent eras of warm Atlantic SST as determined by the AMO index of Enfield
652 (2001).

653

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