The depletion of stratospheric ozone leads to an increase in solar ultraviolet radiation at Earth’s surface. The increase occurs primarily in the ultraviolet-B (UV-B) component of the Sun’s radiation. UV-B is defined as radiation in the wavelength range of 280 to 315 nanometers, which is invisible to the human eye. Long-term changes in UV-B radiation reaching the surface have been measured directly and can be estimated from total ozone changes.

UV-B radiation can harm humans, other life forms, and materials (see Q3). Most of the effects of sunlight on the human body are caused by UV-B exposure. A principal effect is skin erythema, which leads to sunburning. Excess exposure may lead to skin cancers. Erythemal radiation is regularly reported to the public in many countries in the form of the “UV Index.” The long-term changes in surface UV-B radiation are important to study because of its potential harmful effects and relationship to ozone depletion.

Surface UV-B radiation. The amount of UV-B radiation reaching Earth’s surface at a particular location depends in large part on total ozone at that location. Ozone molecules in the stratosphere and in the troposphere absorb UV-B radiation, thereby significantly reducing the amount that reaches Earth’s surface (see Q3). If conditions occur that reduce the abundance of ozone molecules somewhere in the troposphere or stratosphere, total ozone is reduced and the amount of UV-B radiation reaching Earth’s surface below is increased proportionately. This relationship between total ozone and surface UV-B radiation has been confirmed at a variety of locations with direct measurements of both quantities.

Additional causes of UV changes. The actual amount of UV-B radiation reaching the Earth’s surface at a specific location and time depends on a number of factors in addition to total ozone. The primary additional factor is the position of the Sun in the sky, which changes with daily and seasonal cycles. Other factors include local cloudiness, the altitude of the location, the amount of ice or snow cover, and the amounts of atmospheric particles (aerosols) in the atmosphere above the location. Changes in clouds and aerosols are partially related to air pollution and greenhouse gas emissions from human activities. Measurements indicate that both increases and decreases in UV radiation at certain locations have resulted from changes in one or more of these factors. Estimating the impact of changes in these factors is complex. For example, an increase in cloud cover usually results in a reduction of UV radiation below the clouds and could at the same time increase surface radiation in any nearby mountainous regions above the clouds.

Long-term surface UV changes. Long-term changes in UV-B radiation have been estimated from measurements made with special UV monitoring instruments at several surface locations since about 1990. For example, as a consequence of Antarctic ozone depletion, the average UV-B measured at the South Pole during spring between 1991 and 2006 was 55–85% larger than estimated for the years 1963–1980. In addition, satellite observations of ozone changes have been used to estimate changes in surface UV-B radiation that have occurred over the past three decades. With satellite observations, the UV-B radiation changes can be separately attributed to changes in ozone and clouds. The results show that erythemal radiation has increased by up to 6% between 1979 and 2008 over a wide range of latitudes outside the tropics (see lower panel of Figure Q17-1). The largest percentage increases have occurred at high polar latitudes in both hemispheres, where the largest annual decreases in total ozone are observed (see Figure Q13-1). Over this time period the UV increases due to ozone depletion are partially offset by changes in cloudiness, primarily in the high latitudes of the Southern Hemisphere (see top panel in Figure Q17-1). Without changes in cloudiness, the increases in erythemal radiation at these latitudes would have reached a maximum close to 9%. The smallest changes in erythemal UV have been in the tropics, where long-term changes in total ozone are smallest (see Q13). In the tropics and in the Northern Hemisphere the average changes in clouds during this period were very small. As a result, the net increases in erythemal radiation in these regions are determined primarily by ozone depletion.
**UV Index changes.** The UV Index is a measure of the erythemal radiation that occurs at a particular surface location and time. The index is used internationally to increase public awareness about the detrimental effects of UV on human health and to guide the need for personal protective measures. The maximum daily UV Index varies with location and season, as shown for three sites in Figure Q17-2. The UV Index increases when moving from high to low latitudes and is highest in summer when the midday Sun is closest to overhead. UV Index values in San Diego, California, at 32°N, for example, are generally higher than those in Barrow, Alaska, at 71°N. At all latitudes, UV Index values increase in mountainous regions and over snow- or ice-covered regions. The UV Index is zero during periods of continuous darkness in winter at high-latitude locations.

The UV Index over Antarctica has increased dramatically due to ozone depletion, as illustrated in Figure Q17-2. Normal index values for Palmer, Antarctica, at 64°S in spring were estimated from satellite measurements made during the period 1978–1980, before the appearance of the ozone hole over Antarctica. In the period from 1991 to 2006, the severe and persistent ozone depletion that occurred in late winter and early spring over Antarctica increased the average UV Index well above normal values for several months. Now, the spring UV Index measured in Palmer, Antarctica, routinely equals or exceeds spring and summer values measured in San Diego, California, located at a much lower latitude (32°N).

**UV changes and human health.** Over the past several decades, depletion of the stratospheric ozone layer together with societal changes in lifestyle have increased UV-B radiation exposure for many people. Increased exposure has adverse health effects, primarily associated with eye and skin disorders. UV radiation is a recognized risk factor for some types of cataracts. For the skin, the most common threat is...
skin cancer. Over the past decades, the incidence of several types of skin tumors has risen significantly among people of all skin types. Skin cancer in humans occurs long after exposure to sunburning UV. With current Montreal Protocol provisions, projections of additional skin cancer cases associated with ozone depletion are largest in the early to middle decades of the 21st century and represent a significant global health issue. An important human health benefit of UV-B radiation exposure is the production of vitamin D, which plays a significant role in bone metabolism and the immune system. Human exposure to solar UV-B radiation requires a careful balance to maintain adequate vitamin D levels while minimizing long-term risks of skin and eye disorders.

Figure Q17-2. Long-term changes in the UV Index. The UV Index is a measure of the erythemal radiation that reaches the surface at a particular location and time. Sunburning in humans is caused by erythemal radiation. The UV Index varies with total ozone above a location, as well as the Sun’s midday position in the local sky, which depends on latitude and season. The highest values of the UV Index occur in the tropics, where the midday Sun is highest throughout the year and where total ozone values are low. The lowest average UV Index values occur at high latitudes. The figure shows daily maximum UV Index values at several locations. Values are higher throughout the year in San Diego, a low-latitude location, than in Barrow, a high-latitude location. UV Index values are zero at high latitudes in winter when darkness is continuous. Measurements at Palmer, Antarctica, demonstrate the effect of Antarctic ozone depletion. Normal values estimated for Palmer are shown for 1978–1980, a period before the appearance of the “ozone hole” (see red dashed line). In the period 1990–2006, Antarctic ozone depletion increased the UV Index at Palmer throughout spring and into summer (see yellow shaded region). Springtime values at Palmer now routinely equal or exceed those measured in spring and summer in San Diego, which is located at much lower latitude.